OSCE Past Exams

Prepared by

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IMPORTANT REMARK: Those diagnoses are personal views of a candidate who had the exam, it is not been validated

March 2016 exam – Karachi Southasia day 1

1) *PID*
2) *Cluster headache*
3) *Diabetic neuropathy*
4) *GORD with voican e loss*
5) *Premature menopause*
6) *Chest pain (panic attacks) 27yrs*
7) *Chest pain 45yrs man with exertional SOB*
8) *Mother with a child developed spells of hold breath*
9) *A man has a frequent bowel motion postprand2 weeksith a family history of CA colon*
10) *50 yrs man known DM&HTN with cough and fever for 2weeks that preceded by flu symptoms*
11) *Infertility (oligospermia)*
12) *Urge inco ntinence*
13) *Mechanical b ack paithe n*
14) *Anorexia nervosa*
15) **Pt with coug & fever*
16) *(Pt C/the O fever,throathe t pain and ugh.He told fethe ve and pain cured except copost-viraln i asked if cough cbeen omes from thryearsor chest he said from throat .So I dealsouth Asiam as post viral cough.This pt also on losartan for 3 year)*

Nocturnal March 2016 exavulgarisehi southasia

1) *1-Erectile*
2) *Dysfa unction psychological*
3) *2-Nucturnal enuresis*
4) *3-Acne volgaris*
5) *4-Dnephropathytensive proteinuria*
6) *5-Elderly fall/ using diazepam forinsomnia*
7) *6-Hyperterelapsenephropatht with / protiuria*
8) *6-Tension headache*
9) *7-Hymoptysis .*
10) *8-Malaria vivax relaps*
11) *9-PMR*
12) *10-Nail fungal infection using fluconaa zle / high transaminase level with tender liver palpation*
13) *11-Smoker and pregnant with SOB .*
14) *13-Uncontrolled DM HbA1c> 10*
15) *14-TIA.*

Day 3 2016 exam – Karachi Southasia

1) *1-BBN ALL Child*
2) *2-Oral ulcer recurrent since 3years*
3) *3-High BP170/102 no complain 2nd reading*
4) *4-PMS*
5) *5-Renal colic*
6) *6-A first-time enteritis lifestylee motion in 6hour*
7) *7-BPPV c*
8) *8-Depression*
9) *9-Dyslipidimia first time check for life style advise*
10) *10-Uncontrolled DM doesn't like to start insulin*
11) *11-TB*
12) *12-Primary amonerhea 18years old*
13) *13-Picture of genital herps female*
14) *14-Pt with muscle pain since one month due to statin*

1st day cases—Colombo- October 2016

1) pneumonia
2) presbyacusis and requesting surgery
3) fever for 4 day
4) proxy Dementia
5) BPH
6)short stature / proxy
7)rheumatoid arthritis
8) ectopic pregnant
9) post CABG / anxiety / depression
10) pregnancy and hyperthyroidism
11) premature menopausal symptoms
12) smoking cessation
13) diarrhoea for 2 months
14) palpitations-svt

2nd day cases Colombo-septebmer- 2016

1) *Urge incontinence*
2) *Hypothyroidism*
3) *Pap smear*
4) *Acute appendicitis*
5) *Dm htn on metformin creatinine 2.1*
6) *Macular degeneration*
7) *Gout*
8) *Missed abortion bbn*
9) *Travelors diarrhoea*

10) Varicose veins
11) Infentile collic
12) Drug abuse sleeping pills
13) Chest pain
14) Cough 3 months weight loss blood in sputum.

3rd day Cases Colombo 2016

1) *Allergic rhinitis*
2) *Exercise induced Asthma*
3) *Hair loss with Na Valproate*
4) *Mumps with pregnant wife*
5) *Impotence*
6) *Post natal depression*
7) *Post CABG Depression*
8) *Plantar Fasciitis*
9) *Frozen shoulder/ dm/working in beauty parlour*
10) *Heart failure*
11) *Fatty liver plus high blood sugar plus high cholesterol*
12) *Test with fecal occult blood test positive- ----------bbn*
13) *Mother of child came to talk about hearing difficulty in child.*
14) *Uti in male*

4th day Cases Colombo- October- 2016

1) *1.Benign Prostatic Hyperplasia*
2) *2.Snoring*
3) *3.Exertional dyspnoea*
4) *4.DM with fatty liver*
5) *5.Patient with Report HIV ELISA Non Reactive 1 month after unprotected sex*
6) *6.Mother refusing vaccination to her baby*
7) *7.Hypothyrodism*
8) *8.Palpitations with ECG*
9) *9.Macular degeneration*
10) *10.Peripheral Arterial Disease*
11) *11.Systemic sclerosis with Raynaud's phenomenon*
12) *12.Erectile Dysfunction in Patient with DM*
13) *13.Known case of Motor neuron disease came with difficulty of cough*
14) *14. Male patient with severe Right hypochondrial pain with nausea and vomiting*

5th day cases Colombo October- 2016

1) *Subarachnoid haemorrhage*
2) *PTSD*
3) *Pulmonary embolism*
4) *DM*
5) *Renal stone*
6) *Child's fecal soiling*
7) *Erythema nodosum*
8) *Copd*
9) *Palliative care*
10) *BPH*
11) *RBBB*
12) *Polymyalgia rheumatica*
13) *Pregnant hepatitis A*
14) *Postpartum contraception*

Day 1 - South Asia, March 2017

1. 55 YOF came with 2 reports of FBS 150 and 140 mg%, asking if she is diabetic, no symptoms
2. BPH with typical hx
3. young woman with MRI report mentioning MS ... BBN
4. 60 YOF with DM and HTN on thiazide diuretic, c/o falls two times while rushing to toilet ... change thiazide with CCB
5. 60 YOM with shivering, fever, productive cough, rusty sputum, no CXR, on auscultation crepts +ve on right side of chest, hx of treated TB 2 yrs ago ... most likely pneumonia
6. mother came with concern of his son having constipation for many days .... counselling and ask her to bring the child
7. 25 YOF came with diagnosed SLE for 6 months, having c/o of painful hands and wants to know if she can get pregnant ... counselling
8. 45 YOM with DM and HTN, very high TG (550), normal LDL, BMI 32 .. counselling, diet modification, life style modification
9. 25 YOF with irregular periods, wants to conceive ... needs labs and counselling
10. young pt with hx of increasing fever for 1 week, has CBC report showing low WBC count, low pulse (62) and abdominal pain ... needs more blood work e.g. blood culture, may be typhoid
11. 35 YOM with headache and blocked nose, c/o of allergy to dust, headache gets worse on bending and there was tenderness on tapping the frontal sinuses ... needs steroid nasal spray, looks like sinusitis
12. 25 YOF on OCPs, c/o rash on back, sexually active ... rash doesn't look serious, according to some candidates it was most likely pityriasis rosea, if not sure then consult the dermatologist, can give some steroid creams
13. 45 YOF, diagnosed COPD on salmeterol, fluticasone, ipratropium, c/o of breathlessness for last one month ... needs further evaluation, may need admission or at least observation
14. 35 YOM, c/o epigastric pain for the last 4 or 5 hours, fainted once, h/o premature heart disease in the family, his father died of heart attack at the age of 45 ... needs lab works, ECG, monitor, ambulance and ER admission

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Day 2 Cases - South Asia, March 2017)

1. young woman with palpitations since morning, with mild chest pain at the start, but no pain at the moment, has ECG showing SVT. She had similar episodes in the past but resolved spontaneously. not pregnant ... needs vasovagal maneuver and ER admission.
2. old lady with urge incontinence.
3. mother with a face foto of her child (boy) has impetigo and at the moment the child is in school ... immediately take him out of school, needs isolation and antibiotic treatment ... infection control by hand washing.
4. young man, very depressed, 2 months ago wife committed suicide after 2 months of giving birth to his baby, not suicidal, living with his mother, lost job and financially broke .. needs SSRI and psychiatry referral
5. young woman, c/o of headache, arm is wrapped up in a cloth piece, she is trying to hide her arm, asking for pain killers for her headache, upon questioning revealed that her husband has physically assaulted her on routine basis, she has kids and scared ... needs counselling regarding her safety and her children .. advice to involve friends and family and prepare to leave if things get serious.
6. young woman c/o urticarial rash / hives .. .she is works in a chemical factory
7. middle aged woman, high BMI, high LFTs, DM uncontrolled ... needs counselling and further assessment.
8. middle aged woman, deranged renal functions (creatinine 1.6), takaing aspirin and ibuprofen for her knee pain, urine DR shows no proteinuria ... stop aspirin and brufen, give paracetamol, advice for plenty of fluid and follow up in 2 weeks.
9. some one with asthma .. i don't remember the whole case. ..... someone from the group can add the whole story
10. young man with 4 kg wt. loss over 1 month, low grade fever, no cough, no sweating, exam shows apical crepitations ... most likely TB .. need further evaluation and assessment.
11. old male with typical presentation of parkinson's dz ... needs counselling, home living arrangements, neurology referral.
12. young man with back pain and red eye .. typical of ankylosing spondylitis ... needs further investigation including HLA B27 and counselling .. but don't tell the patient that he has AS without evidence
13. woman with hx of wt. loss and eye bulging, hand tremors and palpitations (HR 120) ... hyperthyroid
14. middle aged man with BP 180/110 .. no symptoms ....

Day 3 cases – South Asia 2017 march, Karachi

1) 1.TFT report on throxine want to get pregnant
2) 2.on atenolol feels dizziness
3) 3.STI
4) 4.body dysmorphia want referral to plastic surgery (dr faiq case)
5) 5.DM&HTN with SOB &lower limb swelling
6) 6.anxius &depressed&repeatedly washed hand
7) 7.iron deficiency anemia due to menorrhagia
8) 8.pt with report high uric acid
9) 9.occupational asthma
10) 10.pt with high lipid profile
11) 11.vertigo

12) 12.HTN with SOB
13) 13.mother of 13 yrs boy has headache
14) 14.pain at thumb only

2017-Colombo October 1st day

1. Chest pain on and off few month, ecg showed some ventricular ectopic changes. Seen by cardiologist said nothing to be worry.Pt keep on asking what is the causes
2. Cough 3/7, known case asthma on mdi, lung finding present of rhonchi
3. Both hand tremor quite sometime , on amlopine. Pt asked what is the causes
4. Pt can't sleep well 2 month. 2 month back got robbed
5. Lower back pain 2 weeks, urine got streak of blood.
6. 24 young female counsel for contraception. On sodium valporoic for epilepsy.
7. Lab report hb 9.0. Body pain and mild lethargy. Pt want to know the causes
8. 48 yo Dysparenia and vagina dryness. Can't have sexual life with husband. Pt anxious.
9. Both leg burning sensation. On metformin. Pt did not take it well. Hba1c 10.0%, fbs:150
10. How to take care of 2 weeks 2nd baby with no problem at all. Mother anxious bcoz 1st baby died with unknown reason. Baby not with mother.
11. Eoigastric pain 2 days having heavy meal yesterday. BP 110/70, HR 110, T. 37.7. Approached the pt.
12. Rubella report. Ig m positive, ig g negative. 6 month pregnant ladies want to know what is this. Hx of fever and body rashes 2 weeks ago.
13. 50 yo female. Urine continence quite sometime.
14. Changing voice 5 weeks. No other symptom.

2nd day cases2017 Colombo- October

1) *Women discussing her two years old son delay speech*
2) *She explored hearing impairments latter*
3) *Women tested 5 years regarding infertility, but husband not tested*
4) *59 years old man has results of total chl of 220 HDL 30 LDL 115 seeking treatment*
5) *18 years girl with primary Amenorrhea examinations is normal*
6) *Malaria not go away in-spite of 3 times treatment*
7) *Obs sleep apnea*
8) *Post herpitic neuralgia*
9) *Child with ALL breaking bad news*
10) *Heel pain which go away after few steps walking*
11) *Pregnant 12wk urine culture >10000 per ml E.coli*
12) *Hypothyroidism*
13) *Bppv*
14) *Tired all the time*
15) *But I explored cold intolerance + heavy cycle*
16) *Man has u/s report of gallbladder stones and fbs of 180 ppbs of 330 but he explored that he was diagnosed 8 years back as diabetics in late minutes for me I don't know other candidates*

17) Anyway he don't bother about dm his concern on gallbladder stones

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3rd day cases- columbo 2017 October

1) Right arm weakness two episodes
2) Anger and irritable due to work load
3) Pregnant exposed to rubella
4) Left leg swelling and pain DM
5) Rt knee pain not able to walk
6) Acne worried bout PCOD
7) Young 45 yrs wt loss
8) Cough since 4 weeks worse with football
9) Elderly with hematuria and ultrasound with renal mass
10) Palpitations on and off since month
11) Weakness shoulders and hip
12) Not able to brush and not able to get up from chair
13) Obese with snoring
14) Mother worrried about 5 year old boy very shy in front of others And friends

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4th day Colombo 2017 October

1. Lady with DVT (post C/S)
2. Herpes zoster ophthulmicus with severe eye pain
3. COPD- heavy smoker for longtime, c/o exertional sob & productive cough with white sputum. O/e: B/L rhonchi with few creps
PEFR 386L
4. Uncontrolled T2DM with 3 oral medications & hyperlipidemia.
A1c >10
5. T2DM with fatty liver- elevated ALT& AST, HbA1c 8.1,on tab. Glibenclamide only
6. 22yrs female worried about irregular cycle since menarche, going to marry.
7. Preg lady(14 wk) worried about her featus as her child developed chicken pox yesterday.
8. Mother worried about her 5yr hyperactive child.
9. H/O recurrent fall on tab. Diazepam 5mg
10. Tiredness all the time with bodyache for 6month(o/e: no tender point)
No test done so far.
11. Pyelonephritis- fever with chill, loin pain. Urine: many pus cell & RBC, nitrite +ve
12. Elevated liver enzyme (less than 3 times) on Fluconazole for nail fungal infection.
13. Trigeminal neuralgia
14. 35 yrs male, neck pain 6 month, pain radiates to Lt arm for 2 months. Worried about heart disease. O/E tender neck on Lt side.

Dubai exam October 2017

1-27 yrs lady gave birth before some months feeling fatigue and tired(Hypothroidism)
2- mother brought photo of her 5 yrs baby have none itchy and no fever asking about transmission and treatment (moluscum contagious)
3- lady came because husband want her to see doctor because became angry and not enjoying any contact with others after she had financial problem in her work (depression)
4- DM & HTN came by 3 days deterioration in vision and gave photo of (retinal detachment)
5- Man holding hand infront of stomach and history of dark stool BP 90/60(peptic ulcer with active bleeding) for emergency referral
6- 30 yrs man HTN with pain and swelling in metatarsal using chlorthyazide and amlodipine like eating chicken liver (gout)
7- 26 yrs boy with (pells palsy)
8- sexual active man with burning urine same as girlfriend and discharge (STD)
9- Dm ,HTN&DL with pain in calf with walking taking many medicine including Atenolol 50 legs cold with colour change (PAD)
10- 49 year lawyer HTN on amlodipine her BP readings this weak are high today 170/100 she has sometimes headache and lower limb swelling (uncontrol HTN)
11- 37 yrs lady married for 2 yrs not get pregnant her body hair is excess she did lazer and irregular period(Infertility secondary to PCO)
12- mother came to see result of her 10 month baby with recurrent illness and less active(breaking bad news of thalassemia major)
13- elder man complain that his movement change and has uncontrolled tremer(Parkinson disease)
14- lady came with cough for 1 month and chest sounds in her childhood she had received ventoline spo2 93 with ronchi in chest PEFR in 1 minute 66%

Day 1 cases - March 2018 South Asia Exam

1. *52 year old man with SOB on climbing stairs, smoker, FHx of heat disease.*
2. *60 yo HTN man with fainting episodes after adding 3rd hypotensive drug.*
3. *28 yo man with 6 month history of back stiffness and pain*
4. *60 yo woman with new diabetes and worry for the vision loss*
5. *Mother coming to talk about 5yo daughter with leukemia*
6. *Daughter coming to talk about 60 yo mother with dementia*
7. *40 yo newly married woman with vaginal discharge and Trichomonas vaginalis in result*
8. *30 yo man with 3 month history of allergic rhinitis*
9. *28 yo man with hair loss and on valproate*
10. *18 yo woman with menorrhagia seeking contraceptive advice*
11. *50 yo man with epigatric pain, stress, smoking and alkohol*
12. *50 yo man with snoring and obesity*
13. *40 year old woman with 1.5 month history of fever and painful skin lesions*
14. *30 year old man with hypertension, polycistic kidneys and back pain.*

Day 2- March 2018 KARACHI

1) *Lady with fever, vomiting suspect TB meningitis and refer to emergency*
2) *Pt with chest pain off case of Angina tell him to management*
3) *Pregnancy with Hyperthyroid management with PT*
4) *Pt of Copd with basal crepts management*
5) *Dying patient due to breast cancer do it palliative care according to her concerns*
6) *Mother with 5 year old picture of chicken pox*
7) *Worried about job and other 2 girls*
8) *Scrotal swelling*
9) *Need examine and workup for cancer*
10) *Copd with ccf patient present with hemoptysis*
11) *Female with post partum blues*
12) *Pap smear report mild dysplasia*
13) *Recurrent tonsilitis*
14) *Bph with obstruction symptoms*

Day 3: March 2018 Karachi

1) *Father comes for himself and kids precautions while wife is just diagnosed with TB*
2) *Pregnancy with smoking*
3) *Hypertensive with CCF dyspnea*
4) *Headache with Inc breast secretion*
5) *Post viral myalgia for more than 6 monthss*
6) *Hyperthyroidism*
7) *Dm with erectile dysfunction*
8) *DM with cataract*
9) *Fever with cough And chest pain (pneumonia)*
10) *Urethral discharge STI*
11) *Loose motions with mucus celiac disease (vs IBD)*
12) *Bed wetting for one week burning micturation in 7 yrs old child*
13) *Pt on ATT with knee pain*
14) *Son come for father liver cancer with vomiting on morphine*
15) *Father comes for himself and kids precautions while wife is just diagnosed with TB*

Day 4 March 2018 Karachi

1) *Male infertility*
2) *Perpiheral vascular diseasea*
3) *Child hood constipation*
4) *Shoulder pain*
5) *Head fungal infection*
6) *COPD*
7) *Anorexia nervosa*
8) *Renal colic*
9) *Storke with headache*
10) *Female asking for contraception before marriage*

11) Palpitations
12) Recurrent fungal vaginal infection
13) Mammography report
14) 14: Extra syatole. .palitation
15) Prediabetics

Dubai April 2018

1) compulsive disorder
2) Alopecia ariata
3) Pre eclampsia
4) Post TB exposure
5) Conductive hearing loss
6) Migraine TIA
7) Post gastrectomy dumping syndrome
8) Diabetic neuropathy
9) Nocturnal enuresis
10) Obsessive
11) Alcoholic anxiety
12) Asthmatic with SVT
13) hematuria
14) Menorrhagia

Cases of Columbo OSCE september 2018, Day 1,

1- Carpal tunnel syndrome
2-Post MI anxiety
3-Breast pain bilateral
4-TB
5-COPD
6-A mother concerned about her child picture of rash impetigo
7-A lady crying depression
8-Pneumonia
9-Prostatitis
10-migraine with arm not moving since morning also came today
11-60 years macrocytic anaemia with fatigue
12-Pyelonephritis
13-DM with hypoglycemia from Sulphonylurea
14- Past history of appendicectomy with symptoms suggesting Intestinal Obstruction

Cases of Columbo OSCE september 2018, Day 2

1) *Motor neuron diseases, unable to swallow*
2) *Hypertension*
3) *Fever,cough (pneumonia)*
4) *60 y anemia,FBS*
5) *Osteoporosis*
6) *Cervical sponsylosis*
7) *Traveling to business trip need vaccinations*
8) *Mother e child spells*
9) *Male taking NSAId for 2 y has high creatinine*
10) *Heart failure with bp 90/60*
11) *Breast abcess*
12) *Psoriasis flared after taking atenolo*
13) *Stress incontininence*
14) *DM on 3 meds for insulin counselling*

Cases of Columbo OSCE september 2018, Day 3

1) *ocd with depression*
2) *neck pain with fever(thyroid storm) refer*
3) *worst headache ever with neck pain ,, subarachnoid hge*
4) *Arguing about admission*
5) *eczema with history of asthama and family history of astma annoyed about sticky gel prescribed before (petroleum gel)*
6) *post mi depression with bmi 36(when he could drive , join work?? Have sex)*
7) *pregnant with high lipid enzymes and hb A*
8) *amother of 3 month baby*
9) *Who cry much bottle feeding*
10) *8 - 75 osteoporosis with gastritis,, and thoracic back pain*
11) *body swelling basal criptation*
12) *Know dm and htn*
13) *160/90 bp came for regular follow up with high lipid profile*
14) *And normal ecg . Fh of sudden death*
15) *rhumatoid arthritis stiffness , joint pain*
16) *12-age related macular degeneration with fundoscopy worried about vission loss*
17) *13-ibs*
18) *14- 23 fever and cough with heamoptesis and cbc shows lymphocytisis xray show apical lessons tb (working in textile factory and family hi of ca bronchus*

Cases of Columbo OSCE september 2018, Day 4

1- 60 man c/o slowness ,billrolling tremer new parkinsoin disease
2- female wont plastic surgery fo her nose which is normal
3- femal with history of fall taking thyzide newly for HTN
4- female with nocturia and burning micturitin
5- uncontrolled HTN
6- cough dry with wt loss young man e x ray
7- shoulder pain stifnese had DM
8- PREGNANT WITH PALPITATION AND IRRITABLE _bother by hot weather
9- mam e child with constipatin
10- man young with blood in stool concern about cancer
11- difficult swllowing with picture of mouth
1) ulcer
12- Extra pulmonary TB
13- palpitation with ECG IREGULAR HEART rate
14- 28yrs Women with amenorrhea for 8months have milky discharge from her breast concern about not to concieve again

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Cases of Columbo OSCE september 2018, Day 5

1) Alprazolam dependence with anxiety
2) bronchial asthma
3) Shoulder neck pain with deltoid numbness
4) Premenupause
5) Lung fibrosis with heart failure symptoms basal crackles and pedal edema
6) Pt with high lipids
7) bilateral sensorineural deafness with depression
8) Thyroiditis with tremors and fever
9) Mother asking for child vaccination worried and don't want to get her baby vaccinated as she never had vaccination because her brother has fits after vaccination
10) Painless hematuria was working in textiles factory now retired has fibroids also taking aspirin
11) Multiple sclerosis with MRI report
12) Esophageal reflux with persistent cough especially at night with epigastric tenderness
13) Angina pt no risk factors chest pain on exestion relieve with rest mild sob brother admitted with heart disease few weeks ago at 52 yes pt age is 42
14) DM new Dx with high TG

MRCGP Int. Kuwait --- CSA exam October 2018

❖ *English cases*

1. Tinitus on Aspirin, all other history -ve

2. DM uncontrolled came to take her medications, overweight

Add on medication may reduce weight + life style

3. DM controlled

Ask about yasmin contraceptives she is on since 1.5 year

+ve FH of premature cardiovascular disease (brother)

4. H pylori +ve results for treatment

5. Oligospermia results

- *Second test*

Normal erection

All history N

6. Needle brick injury

7. Infectious mononuclosus with splenomegaly and elevated liver enzymes

❖ *Arabic cases*

1. Gout hypertensive on Zestoretic, obese

2. Hemiplegia since 2 days lower limb neurology examination

3. Dequarvian tenosynovitis

Examination requesting x ray

4. Truck Driver has Renal colic, with interupted sleep due to urinary frequency

Manage

Safety (sleep during driving)

5. Hair loss androgenic (familial)

On minoxidil since one month with no improvement

(Advice to continue treatment)

6. Mother with her 16 year old girl

Loss of consiousness (vasovagal)

How to deal with mother and doughter

7. Man with investigations for the gym

high LDL 5.7, t.chol 5.3, TG 2, HDL 1.8

TSH N

FHx of premature cardiovascular disease

Non smoker , non alcoholic

Brunei OSCE exam November 2018 day 1

1. Multi complain female / hypothyoidism.

2. Dange fever plan of mangment ; NSAID contrainducation wich i forgot unfortunatly.

3. B/l Calf muscle pain on walking on statins examination normal

4. Copd, cough .. smoker

5.low back pain, 21ys uni boy

6. Ankle strain hx of twist due to vision problem / cataract

7.depression /uni female

8. 24 wks gastation first time w high bp and BMI 35 , multiparis

9. Assult/abuse by a husband with bruses on the eye n shoulder

10. Eye examination w h/o diplopia 3 days back continues ... htn / dm / dlp 40 yrs all control n complient ... on examination

Rt eye not moving to the rt side ? Occulomotor neurve affected

11.mother / child is not gaining weight .. to me ? Picky eater child ... all normal

12. impotence on amlodipin asking for viagra ... 47 yrs

Brunei OSCE exam November 2018 day 2

1) *Pre-eclampsia ,urine proteins 2+ 24wk BP140/90 headache*
2) *low back pain, ET Sciatica*
3) *ankle sprain, injury secondary to cataract*
4) *Depression with sleep problem*
5) *peripheral vascular disease, smoking*
6) *new DM*
7) *6th cranial nerve palsy.*
8) *multiple complaint, hypothyroid.*
9) *DHF*
10) *COPD*
11) *Domestic violence*
12) *Erectile Dysfunction*
13) *child... Poor weight gain.*

Cases of day 1 southasia march 2019 Karachi

1) Infertility 5y husband refused to tested
2) occupationak asthma
3) tia with Dm urgent referal does not want admission
4) malaria vivax 3times last 6mon received chloroquine only worried why it comming recurrent
5) proxy dementia with anxious and aggressive behavior
Carrie find difficult to cope and get off days of work bz of her mother
6) proxy ADH PREGNANT WORRIED REGARDING HER BABY AND COMMING BABY
7) CHEST PAIN ANGINA CASE FOR REFERAL
GIVEN MEDICATION PERVOIUS BUT STOPPED BY HIMSELF
8) URTICARIA UN KNOWN CAUSE WORRIED IF ITS CONTAGIOUS TO HER BABY
9) HYPERLIPIDEMIA WANT MEDICATION
10) FATTY LIVER LITTLE HIGH ENZYMES FBS126
EATING FOOD AND NOT EXCERSISE
WORRIED IF RESULT AFFECTS HER JOB
11) STI DISCHARGE YELLOW EXTRAMARITAL RELATIONSHIP DOES NOT WANT HIS WIFE TO KNOW
12) fever dysuria PYLENPHRITIS sick want meds
Low bp not eating well vomiting
Doesn't want admission
13) lady with sole pain after walking few steps teacher affecting her had gastritis and want x ray
14) high blood sugar 170 Affriad from DM HER MOTHER LOST VISION BZ OF SUGAR

Cases of day 2 southasia march 2019 Karachi

1- Chest pain rt side ,leg swelling ! Pulmonary embolism
1) *2-Chest pain ! Muscle spasm*
2- PID ! Lower abd. Pain, fever, vag discharge
3- Lower abdominal pain female all tests are normal and her husband is working in Dubai ! Maybe hypocondriasis
2) *5-Erectile dysfunction*
3) *6-Age related macular degeneration*
4) *7-Back pain with pain in back of thigh ! Siatica*
5) *8-Grand mother saying that her grand son 2 y has diarrhea 3 m and skipped vaccines and flattered growth chart ! Child neglect vs celiac*
6) *9-Primary amenorrhea 17 y with normal 2ry sex ccc and will marry after 1 year! Normal vs pregnant*
7) *10-Trigeminal neuralgia*
8) *11-Renal mass in us report ! BBN*
9) *12-Abdominal pain and fever! Cholecystitis vs malaria*
10) *13- HTN 150/100 female 55 y*
11) FOB 2 reports

Cases of day 3 southasia march 2019 Karachi

1) *Traveler diarhoea*
2) *2- Post stroke advice*
3) *RA*
4) *OA*
5) *Uncontrolled diabetes*
6) *6- Hypertensivy nephropathy*
7) *7- Perimenstrual syndrome*
8) *8- Menieure disease??*
9) *9- Palliative care hepatocellular carcinoma*
10) *10- COPD*
11) *11- eczema*
12) *12- Schizophrenia*
13) *13- Neonatal jundice*
14) *14- DVT*

Cases of day 4 southasia march 2019 Karachi

1) *Tb with afb results newly married*
2) *Loss of voice 4 weeks concern working in restaurant can not shout alcoholic smoker looks gerd*
3) *BPH*
4) *tremer looks essential*
5) *Acne*
6) *13 yrs boy mother headache with famiy histrory of migraine*
7) *De quravain tenosynovitis*
8) *Light headedness on high dose atenolol neely ecg braycardia*
9) *Pregnant with cough 3 days sob rhonchi asthma*
10) *concern about HIV elisa negative UPSI 1 month ago*
11) *19 yr female cannabis user thought insertion*
12) *Dengue*
13) *Fatty liver obesity not dm not alcoholic*
14) *burning feet hba1c 10 bmi 29 on metformin 500 mg bid*

Cases of day 5 southasia march 2019 Karachi

1-Domestic abuse

2-Copd exacerbation (dr.Nazia says its BA as patient not smoker)

3-Herpes

4-Thalesmia counseling

5-Child hearing problm along with speaking problems 2 yrs

6-Report shows ckd on metformin and arb

7-Loss of consciousness 3times due to orthostatic hypotension

8-Acute pancreatitis

9-Rubella infection pregnant lady

10-Migraine (dr.Nazia says cluster not migraine)

11-Tennis elbow

12-Renal colic

13-Facial hair counseling

14-Bereavement with medication overuse Headache

Cases of day 6 southasia march 2019 Karachi

1-monopuse

2-Af

3-Typhoid

4-Osa

5-Allergic congectivitis

6-Htn with kidney effect

7-Cellulitis with dm?

8-Fh for gi ca +change bowel habits

9-Shingles

10- post herpetic Neuralgia

11-Hypothyroidism counseling for pregnancy

12-Lost father last 3 months with no depression like grief

13-10 years old with tummy pain when mother and father fight

14- PMR

Cases of day 1 september Serilanka southasia exam 2019

1- *LBP with red flags*
2- *COPD*
3- *Menopause*
4- *Alopecia*
5- *Epigastric pain*
6- *Contact dermatitis*

Rest of cases cannot be recalled

Cases of day 2 September serilanka southasia exam 2019

1-Polycystic kidney disease
2-Allergic rhinitis

3-Motor neurone disease
4-Travel advice
5-Lady concern about daughter have irregular period
6-STI
7-Cervical spondylosis
8-Diabetic uncontrolled with high Hba1c
9-Fatty liver
10-Post MI advice
11-Diazepam with recurrent falls
12-TB with xray
13-PVC
14-Grief after loss of father

Cases of day 3 September serilanka southasia exam 2019

1.High BP/ high cholesterol check up counselling

2. Parkinsonism with Neuro examination

3. Asthma. Wrong technique. Respiratory examination

4. Mother for 3 year baby. Worried he is thin.

5. Lady postpartum for contraception.

6. Hypertension .proteinuria on atenolol.

7. Hyperthyroidism

8. DM on glimepride /hypoglycemia.

9.fever with erythema nodosum.

10.knee pain examination

11.depression

12.urge incontinence

13.acute appendicitis.doesnot want to go to hospital.

14.candidiasis

Cases of day 4 September serilanka southasia exam 2019

1-Impetigo
2-PP depression
3-Emergency Contraception
4-Allergic conjunctivitis
5-BA uncontrolled with concern of addiction to inhalet
6-DM PN
7-Renal Colic
8-HTN with proteinuria
9-Hyperprolactinaemia
10-Ankylosing Spondylitis
11-HBV in pregnancy
12-Coeiliac disease
13-PAD
14- Premature ejaculation

Cases of day 5 September serilanka southasia exam 2019

1-back pain/ osteoporosis
2-dizziness in 35y
3-eczema child
4-HTN with dyslipidemia
5-high AST and ALt on fluconazole
6-premenstrual Syndrome
7-TB prophylaxis (contact)
8-Hearing loss (SNHL)
9-OSA with high BP and high BMI
10-Prediabetes
11- Eating disorder
12- Raynauds
13- UTI recurrent with DM
14- PAD

Cases of day 6 September serilanka southasia exam 2019

1-Erectile dysfunction in DM
2-Insomnia
3-Smoking cessation
4-Sinusitis
5-SVT
6-Pap smear
7-Pneumonia
8-Malaria recurrent
9-TB meningitis
10-Epigastric pain with exertion (Angina?)
11-Gouty arthritis
12-Constipation adult (? Hypothyroidism
13-Pregnant with UTI
14-Nocturnal Enuresis

Cases of Day 1-March 2020 Southasia exam- Karachi

1) *Acute mi. Uncotrolled dm*
2) *Derma i think it was fungal infection.*
3) *Proxy came for 16 old son not growing properly*
4) *Gouty artr.*
5) *Smocking cessation for pregnant lady*
6) *Dementia proxy*
7) *Htn new.*
8) *Dvt after cs*
9) *Ibs*
10) *Postraumatic stress disr*
11) *Hcv pcr confrim test*
12) *Male infertality*
13) *Asthma occupational*
14) *Typhoid fever*

Cases of Day 2-March 2020 Southasia exam- Karachi

1) *Sarcoidosis*
2) *TiA*
3) *Vetiligo*
4) *Pallitive care*
5) *Post partum contraception*
6) *Extra pulmonary Tb*
7) *Child with headach*
8) *Varicose vein*
9) *HF*
10) *Frozen shoulder*
11) *CKD*
12) *Gastritis*
13) *Brociectasis*
14) *25 y male Blood in stool concern uncle hav cancer*

Cases of Day 3-March 2020 Southasia exam- Karachi

1. Depression Ac. Macular degeneration in old lady
2. DM High FBS (200), no symptoms. FH+
3. OSA In a driver
4. AF Alcoholic driver taking more alcohol in last 2w.
5. Stress incontinence
6. PE with DVT Long haul flight. No comorbids
7. SAH
8. Hirsutism + contraception Young lady getting married soon
9. Constipation Mother attends first advice
10. Testicular swelling Low grade fever 3m. PH pulmonary TB 3y ago. Did not complete tm. ICE - infertility
11. Palliative care Proxy case. Vomitting with Morphine. Has constipation, loss of appetite, ascites. ICE - falls
12. HTN 150/100 Lady with high Lipids (TC 220 LDL 120). Took anti HTN tm for 3m only 2y ago. No symptoms.
13.Myopathy due to statins
14 -Food poisoning? Typhoid?IBS

Cases of 4th day March 2020- Karachi- southasia

1-18yr old girl came with reports showing Absent Uterus in USG .All other reports are normal..BBN ,Concerns ..Needed children

2-Fibromyalgia
3-Thyroiditis with fever
4- Chronic obstructive pulmonary disease
5- Hurry old lady came with reports,Abnormal ECG ,Raised cholesterol,Raised blood sugar ,HTN ,check the reports and tell me ,I have to go for shopping
6-Case 6 months post PTCA came with anxiety symptoms,all reports are normal including Echo
7- Mother came with complains of 10yr old daughter is short compared to other,needs medication
8- Middle aged Cheff came with reports in annual medical,Raised SGPT ,Stool test showing ..Entamoeba cystolytica cysts
9-Pulomary TB
10- Trigeminal neuralgia
11- old man with symptoms of Enlarged prostate
12- One lady with weight loss, abdominal discomfort and not able to flush stool
13-40 years female on alprazolam 0.5 mg on 6 years. She wants to stop alprax as she is concerned of side effects
14- Psoriasis flares due to beta blockers

Cases of 5th day March 2020- Karachi- southasia

1.mother her child 10 yr diagnosed with diabetes, concerned that the insulin inj. is painful, and ask the dictor to give her child tablets instea, given Lantus.
2.Stable angina, history for 1 month, last episode of chest pain for 2 days
3.Non alcohlic fatty liver disease came report, u/s ...HbA1c 8.1, cholesterol 220
4.Pregnant with palpitation, given iron but not improved
5.Male 25 yr.. came with cough, runny nose URTI symptoms, concerns about current viral disease(corona)
6.22 yr female univ. student came with irregular cycle since 14 yr (since menarche) geeting married after 3 mo. worried that it might be something serious.
7. 20 somthing yr. old male, came very worrid that he and his kids might get TB infection from his wife, who has started ant TB drugs for 1 week
8. 61 yr male with back pain for 2 weeks and history of knee pain, he was taking ibuprofen and aspirin for 6 yrs due to knee pain, gave report: creatinine 1.6 urine protien ++
9.carpal tunel 28 yr female..Ms...concern about her work (typist), and she is the only bread earner of her family.
10- HTN 150/100 AND high cholesterol
11-Somataization disorder c/off lower tummy pain
12-Genital rash comdylomata
13-Aphthus ulcer afraid from cancer
14-Unilateral headache cluster
Cyprus simulated surgery exam July 2021

1) *Unstable angina,*
2) *sinusitis,*

3) PID,
4) b12 deficiency anemia,
5) TB,
6) request for antibiotics,
7) breaking bad news
8) ckd,
9) achiles tendonitis,
10) asthma uncontrolled needing step up,
11) diarrhea in child,
12) GAD
13) Cancer colon
14) Acne
15) GERD

Day 1 Cases Southasia Karachi September 2021

1-Hypertensive nephropathy

2-Hiv

3-Diabetic peripheral neuropathy

4-7years daughter abuse by driver

5-Postnatal depression

6-Tb drug side effects pyrazinamidase with both knee pain

7-Obesity

8-Post mi depression

9-Herpez ophthlama

10-Angina

11-Chronic diarrhoea 32 years male with family history of father cancer colon

12-50 years old female with tremor and family history of mother with essential tremor no any red flags

13-Asthma with pregnant stop medication beclomethazone because concern about pregnant

14-Menopousal syndrome with hot flushIrritableDry vaginal

Day 1 Cases Southasia Karachi September 2021

1-Renal stone
2-Sciatic backache
3-Diabetes with HtN and angina and nephropathy
3-Primary amenorrhoea
4-Hypothyroidism want to get pregnant
5-ADHD
6-Acute gastroenteritis
7-Syphilis
8-COPD
9-varicose veins
11-Prediabetes
12-Stroke
13-Allergic conjunctivitis
14-pneumonia

Day 3 Cases Southasia Karachi September 2021

1. Interstitial lung disease (ILD)
2. Frozen shoulder
3. Patient with hyperlipidemia and poor lifestyle
4. 3 year old child fussy eater, refusing home foods. Mother is concerned about his diet
5. Obese patient with epigastric pain
6. Patient c/o lightheadedness with ECG showing heart block on due high dose of atenolol
7. Premature ejaculation
8. Patient with fasting blood glucose or 124, high lipid profiles and fatty liver on ultrasound and poor lifestyle
9. Mammogram report with high suspicion of breast cancer - FNA & USS were recommended on the report.
10. Bilateral sensorineural hearing loss
11. 60years old man with urinary incontinence
12. Daughter is concerned about her mother's forgetfulness and is coming for advice
13. Patient with recurrent fever due to malaria. His report shows P. Vivax
14. Young woman came for emergency contraceptive but at the same time she also wants long term contraception as she had previous unplanned pregnancy

Dubai October -2021 exam

1- 16 years patient STD

2- PID+ STD
3- Hematuria
4- Carpal tunnel syndrome
5- Meniere
6- HTN retinopathy
7- HBV in pregnancy
8- Hypoglycemia in DM due to sulphonlyurea
9- Insomnia
10- Vitiligo
11- BPH
12- Nausea
13- Dementia
14- DVT

Day 1 Cases Southasia OSCE- Columbo January 2022

1- Headache with numbness in lt arm and morning vomiting

2- Pregnant e hyperthyrodism

3-Low back pain

4-Glandular fever??

5-Pulmonary TB

6-Glactorhea e depresion on amitryptlin

7-Mother has 2 years child not speak will as he had history of meningitis

8-Old man 60 y has high PSA 7.5 and poor urine stream and dripling for long time 1 year?? Prostste cancer

9-Body dysmorphic

10-Old man e fainting more than once?? May be postural hypotention

11-Dm not controlled e erectile proplem

12-Hypertention

13-Post strok lady for counselling

14-Acute appendicitis man

Day 2 Cases Southasia OSCE Columbo January 2022

1) Infertility where the wife is okay but the husband refused to checked.
2) Severe headache with lacrimation(Cluster headache)

3)Hypertension(Negligent hypertensive patient)
4) Benign Prostate hypertrophy
5) DM(with poor results and taken upper limit of 3 drugs and refused SGLT 2 inhibitors because of UTI
6) Obessive compulsive disorder with depression because of divorce and infertility)
7) Painful rash around the left eyes with eye involvement(? Herpes zoster
8) Fever and body pains; no other symptoms despite probing(? COVID)
9) A woman with constipation and stool occult blood test - positive (Maybe breaking bad news)
10) A ladies child with rash around the body with fever, the lady is pregnant also(14weeks)— chicken pox and had to manage the mother as well.
11) a lady with heel pain for maybe 3 months(plantar fasciitis)
12)AF
13)COPD
14) sinusitis?

Cases of Day 3- OSCE January exam-2022 Columbo Southasia

1) Domestic Abuse
2) Acute Gastritis working as a chef (severe upper abdominal pain)
3) Multiple Sclerosis (MRI) with eye symptoms
4) Atrial Fibrillation ECG vs SVT
5) secondary Enuresis 7 years child
6) Fatigue morning time for 2 months unknown reason
7) CHF case
8) Diabetic on Glimepiride 2 mg hypoglycemic episode
9) Hoarseness of voice, heavy smoker and drinker
10) pulmonary embolism severe chest pain right sided
11) Hepatitis A in pregnancy
12) Anemia with menorrhagia
13) Osteoarthritis old lady
14) recurrent vaginal candidiasis

Cases of Day 4- OSCE January exam 2022 Columbo Southasia

1-Sarcoidosis
2-DUB seeking contraception

3-Palliative care
4-Extra Pulmonary TB
5-Short Stature concern with normal growth
6-Gastritis
7-Hyperlipidemia insist to take medication
8-RBBB
9-Recurrent fall on diazepam
10-stress incontinence
11- Subarachnoid hemorrhage
12- LBP with red eye (AS)
13-PTSD
14-Taenia Capitis

Cases of Day 5- OSCE January Exam 2022 Columbo Southasia

1-Uncontrolled DM
2-uncontrolled htn
3-Menopause
4-Tricomoniasis
5-Breath holding spell
6-loss of consciousness
7-Neck pain with arm weakness
8-Parkinson's disease
9- gastritis or gerd
10- acne
11- breast abscess breast feeding
12 -SVT
13- Varicose Veins
14-Bronchial Asthma

Dubai March exam 2022

1. *Secondary hypertension with OSA*
2. *Female with loss her perioed 45 days*
3. *Acute renal failure with lower limp edema*

4- Frozen shoulder
5- Eye cataract in patient with DM
6- Pytryasis versicolor
7- PTSD
8- Patient with chest tightness and GAD
9- Patient in chronic opioid she has constipation
10- Familial short stature
11- Recurrent UTI In 1 year old baby girl
12- Metabolic syndrome .. Patient with high result lipid profile. FBS. high BP and abnormal liver function
13- Gynecomastia in alcoholic patient
14- Pateint with cough and regurgitation... GERD or peptic ulcer disease

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Cases of first day of June 2022 OSCE Exam- Southasia- Karachi

1-Asthma counselling
2-angina mi..
3-ILD progressive SOB no any invx given but hx suggestive
4-TIA
5-IBS
6-6 years old nocturnal enuresis
7- HTN with urine report showing 3+protienuria (non compliant).
8-dysphagia with wt loss
9-vitiligo
10-smoking cessation for pregnant lady Sob occasionally
11-blood in urine for 2 days family hx lung cancer.. no inv given..
12- H/O fall(no trauma) HTN on HCT+Amlodipine and glimipride 2 mg
13-HIV counseling(21 years old with fever cough sorethroat wt loss 3 weeks
14-female Dm with neuropathy

Cases of second day (14) of June 2022 OSCE Exam- Southasia- Karachi

1-STD
2-Pvc
3-BBN fecal occult blood

4-Uti female with dm
5-30 wks preg with HBV
6-Age related macular degeneration
7-Trigeminal neuralgia
8-Eating disorder 14 yrs
9-Exercise indusced asthma
10-Htn with prowteinuria
11-High one reading RBS FH of DM
12-Thyroid hyper case (pain with Swelling= Thyroiditis)
13-Cough with sputum hemoptesis
14-Weakness PMR

Cases of third day (15th) of June 2022 OSCE exam-Southasia- Karachi

1- OSAHS
2-De Quervain tenosynovitis
3-pneumonia
4-DUB
5-Palliative care end stage breast cancer
6- heart failure
7- Chronic Diarrhea
8- Trochomonas vaginalis infection
9- Eczema
10- Post Herpetic Neuralgia
11-DM uncontrolled with cellulitis
12-Hyperlipidmia demanding statins
*13-*breast Engorgement with grief after loosing a child 2 days of birth (not SIDS)*
14-Renal colic

Cases of fourth day (16th) of June 2022 OSCE exam- Southasia- Karachi

1_ osteoporosis
2_ malaria vivax
3- pancreastitis or gastritis
4 _ somatization
5 - motor neurone – palliative
6 _ obesity
7 _ Child abuse
8 - Heart failure or ILD
9 _ contact dermatitis
10 - AF
11 _ prolactinoma headache
12 _ disc prolapse and sciatica

13 - TB insist not to tell her work new job
14 - Recurrent vaginal candida

Cases of fifth day (17th) of June 2022 OSCE exam-Southasia-Karach

1. Lt Renal Pain + Plylonephritis
2. Young man, Chest pain /Angina for 1 month, Fam Hx Heart Attack
3. Old woman, HT uncontrolled + Headache
and Rt sided weakness - Stroke
4. AFB positive × 2 times + cough x 2 weeks
Pregnant 12 weeks
5. Dysuria + Left Testicular pain and swelling x 6 months + Fever.. Concern to rule out Ca testis
6. Positive FIT, Breaking Bad News
7. Mother came to discuss about child, 10 years old,
Newly diagnosed Diabetes, on Insulin
8. Young lady hair on lip and chin.. Hirsutism
Seeking advice about treatment
Will marry soon, concern to discuss contraception as well
9. Old lady both knees pain - OA
10. Newly diagnosed High Fasting blood sugar 124mg, Obese
11. Uncontrolled HTN, Fatty Liver. Hyperlipidemia for consultation
12. Middle age lady Anxiety / depression mixed picture
13. Chronic cough
Smoker 34 years
Chronic bronchitis
14. Young lady, tremor, goiter, eye signs of Graves Disease
Concerned for treatment

Cyprus exam october 2022

1. Man with shaking of both hands for a year. Grandmother had Parkinson's disease.
2. Young man whose elderly father was diagnosed with Huntington's disease and wants information about it. In terms of inheritance and if he or his child will get it, wants to know meaning of autosomal dominance.
3.42yo lady with IUD x 2 years and started having bleeding 3 months.
Wants to stop bleeding
4.Man with HTN on ramipril and elevated BMI
Had routine bloods and HbA1C- impaired glucose tolerance
Cholesterol elevated
9.9% CVD risk
For motivational interview on management.
Simulated Surgery exam of September 2023- Nicosia- Cyprus

4. Young man with dizziness- sound like BPPV

No red flags

Had nystagmus on Examination.

5. Man with HTN on ramipril and elevated BMI

Had routine bloods and HbA1C- impaired glucose tolerance

Cholesterol elevated

9.9% CVD risk

For motivational interview on management.

Exam

1. *Depression*
2. *Shoulder Pain*
3. *Palpitations- Phone consultation*
4. *Shingles*
5. *Enuresis- use of desmopressin*

1. Hairdresser with eczema

2. Man with indigestion he had hiatus hernia 15yrs ago

3. COPD patient with increasing breathlessness

4. Chef with worsening UTI

Exam of first Day (9th October) of OSCE exam- Columbo- Southasia-2022

1-Acute cholecystitis
2-Essential tremor
3-Post MI advice worried regarding recur
4-psychogenic dysphagia
5-DM uncontrolled Hba1c 9.5
6-HTN bp 150/100
7-Short stature
8-Aute prostatis
9-Allergic Rhinitis
10-cough for 1 month with wt loss 2 kg ,xray there is middle lobe opacity
11-Chronic Diarrhoea positive fh of colon ca his father
12-COPD known on 2 inhalers for step up therapy

13-Pap smear mild dyscariosis
14-Ankylosing Spondylitis

Exam of Second Day (10th October) of OSCE exam- Columbo- Southasia -2022

1. Male with perfoamance anxiety
2. Generalized tiredness after Hep A and depression
3. Travel advice
4. Frozen shoulder exam if needed
5. Impetigo
6. Post MI counselling
7. Cieliac disease symptoms and work up examination required
9. Urinary incontinence
10. Atrial fibrillation examination required
11. Body dysmorphic syndrome My nose is big
12. Worsening Asthma due to propranolol
13. Contraceptive advice postpartum
14. Infectious mononucleosis with sore throat and low grade fever examination required

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Exam of Third Day (11th October) of OSCE exam- Columbo- Southasia -2022

1- Pulmonary TB contact
2- chest pain / unstable angina .
3-Gynecomastia young male on amitriptaline
4- osteoarthritis on Ibuprofen long time with mild high cratinine with proteinuria
5-mechanical low back pain
6- mother of 6 old boy asking her child had consipation with soiling his pants
7- Asthma new
8 Diabtes New
9 Prephral arterial disease
10 HIV consulleing
11 primary Amenorrhea 17 years
12 severe Headache for urgent referal
13 Menires disease
14 herpes zoster opthamicus

Exam of Fourth Day (13th October) of OSCE exam- Columbo- Southasia -2022

1-BPH
2-Hair fall on valproate and plan for pregnancy
3- GERD with hoarseness for 5 weeks smoker and alcoholic
4-Htn refuse medicine
5-Palliative care
6-Tension headach
7-CA colon lab resulr
8-Vaginal discharge with dysparunia (some say STI)
9-Occupational asthma
10-SVT vs MI
11-Mother refuse vaccine for her child as there is family member develop epilepsy after vaccine
12- Thread worm
*13-Frozen shoulder (*some say it was Cervical Spondylosis)**
14-urticaria

Exam of Fifth Day (14th October) of OSCE- exam- Columbo- southasia-2022

1-Lateral epicondylitis
2-Acne
3-Angina pectoris
4-Came to confirm pregnancy- ANC counselling 1st trimester with Downs syndrome concern
5-Oligospermia with h/o mumps
6-Newly diagnosed Hypertension with renal failure
7-Hypertension started on hydrochlorothiazide - postural hypotension
8-GERD
9-Excercised induced Asthma
10-HIV counseling - Elisa non reactive
11-Child with headache - parents divorced
12-Obstructive sleep apnea
13-Iron deficiency Anemia - old age male with Hb 9 gm
14-Depression since 8 months - husband passed away 10 months before

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Exam of CCSA MRCGP INT Dubai November 2022

1)Acute gout
2)multiple sclerosis
3)dysphasia to both solids and liquids with barium swallow-achalasia cardia
4)BBN-carcinoma lung
5)Anxiety disorder
6) menorrhagia due to fibroid
7)osteoarthritis
8)genital wart
9)arrhythmia
10)eye problem in rheumatoid arthritis-?episcleritis
11)BPPV
12)breath holding spell
13)diabetic foot
14) secondary hypogonadism

Cases of first day of MRCGP INT OSCE exam March 2023- Southasia (13th March)

1) *Physiological jaundice*
2) *Postinfectious cough*
3) *Recurrent fall*
4) *MND*
5) *Gaint papillary conjunctivitis*
6) *Insomnia on lorazepam 2mg /3m*
7) *Oligomenorrha approach*
8) *diabetes pn*
9) *Typhoid fever*
10) *HF*
11) *Scabies*
12) *Fatty liver e uncontrolled diabetes*
13) *Renal mass for refer*
14) *AF*

Cases of Second day of MRCGP INT OSCE exam March 2023- Southasia (14th March)

1-Chromic sinusitis
2-OCD with depression
3-Hepatitis c pcr positive

4-HF with echo ejection fracture less than 40
5-Cluster headache
6-Hyperlipidaemia
7-Pregnant with asthma with excerpation
8-Mother concern about child 2yrs with language delay
9-Breast abcess
10-Lobar pneumonia
11-Benign prost hyperplasia
12-Chronic kidney disease
13-Entamoeba histolitica Cyst
14- Rheumatoid Arthritis

Cases of thrid day of MRCGP INT OSCE exam March 2023- Southasia (15th March)

1. Pulmonary embolism
2. Post MI
3. Osteoporosis
4. Adjustment disorder
10 yrs old child tummy pain bec of parents fight
5. Parkinson
6. Menopause
7. Plantar fascitis
8. Syphilis
9. Normal ecg palpitation stress
10. Diabetic polyneuropathy foot pain
11. Bph
12. Active tb
13. Appendicitis
14. Sore throat, erythema nodosum

Cases of fourth day of MRCGP INT OSCE exam March 2023- Southasia (16th March)

1.Anaroxia nervosa with panic attacks
2.Recurrent fall
3.Uncontrolled dm with multipe gall stone
4.Infentile colic
5.exacerrbation of asthma

6. Pylonephritis
7. Post Stroke
8.Dm uncontrolled on 3 medications
9.constipation with rectal bleeding
10.vertigo (? Vestibular neuritis)
11.gouty arthritis
12.muscular chest pain
13.uncontrolled HTN and hyperlipidemia (patient was angry)
14.Nomal vaginal discharge pt concern about cervical cancer.not sexually active

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Cases of last day of MRCGP INT OSCE exam March 2023- Southasia (17th March)

1- Postnatal depression
2-Myocardial infaction
3-Stroke
4-Psoriasis taking losartan
5-Hyperthyroidism pregnant
6-Knee osteoarthritis
7-Hyperlipdemia insist to have medication
8-Copd new
9-Frank haematuria/smoker heavy ca bladder
10-FOB 2 sample +ve
11-High temperature 39 headache
12- CKD
13- Short Stature with delayed puberty
14- primary infertility

Exam of CCSA MRCGP INT Dubai May 2023

1. *domestic violence case*
2. *3rd nerve palsy.*
3. *pansystolic murmur in 8 month child*
4. *Psoriatic arthropathy,*
5. *anorexia nervosa,*
6. *coeliac disease ,*
7. *menopause ,*
8. *erythema nodosum ,*
9. *meneires disease,*
10. *prediabetes with osas*

OSCE Exam of 17th July 2023- Chennai- Southasia

1) Aphthous ulcer
2)Hirsutism
3) preumenia. (Fever - cough . Chest pain)
4)Hypertension with high cholesterol
5)Ankylosing Spondylitis
6)Eczema
7)Anal Fissure with Constipation
8)pyelonephritis
9) Trigeminal Neuralgia
10)Asthma
11) obesity
12) Depression
13) vaginal candidiasis
14) muscular chest pain

OSCE exam of 18th July 2023- Chennai- Southasia

1-Fever ? Hepatitis A
2-Premature ejaculation
3-Female urinary incontinence
4-Dementia? Care of caregiver
5-Alopecia fungal
6-Bronchial asthma exacerbated by propranolol
7-ADHD
8-Hyperlipidemia
9-OSAHS
10-Smoking cessation receptive
11-Hypoglycemia due to glimepiride
12-elevated LFT
13-AF
14-Cervical spondylosis

GOOD LUCK

Simulated Surgery exam of September 2023- Nicosia- Cyprus

1) 55 years old presented with sympts of anaemia result shows findings of IDA

2) A patient 65years presented with symptoms of TIA same day morning no more symptoms on presentation

3)SOB dd HF

4)A child with fever and earache OM

5)Painful shoulders and hips Polymyalgia rheimatica

6)Fatigue dd hypothyroid

7)Sudden visual loss after cataract operation retinal detachment

8)Breast lump in young lady fibroadenoma

9)Glandular fever with rash first presented with sorethroat recieved amoxicillin

10)Abdominal pain IBS

11)Medication review hypertensive with mild hypokalemia 3.1 on indapamide and ACE

12)Acne mild to moderate for tt

13)Dyspepsia DD looks like gastritis

14)Recurrent pneumonia with SOB and cough for referral to specialist to RO bronchiectasis

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Exam of CCSA MRCGP INT Dubai October 2023

1. *RA*

   A lady in her 30s, presented with bilateral elbow, wrist pains, and small joint pains in both hands, Achilles tendonitis, for 6 months. She is also trying to fall pregnant. RA factor positive on blood tests

2. *Glue ear*

   2 months old child with speech delay since 18 months, mother concern about autism, otherwise growing well, examination showed dull and retracted ear drums

3. *Prolactinoma*

   A lady in her 20s, presented with headache 5/10 for 1 year, and bilateral nipple discharge, irregular period, trying to fall pregnant, normal examination findings

4. *Tinea cruris*

A gentleman in his 30s, diagnosed with type 2 DM 3 months ago, taking metformin, has an itchy rash on the groin for 2 weeks, tried elocon cream, not improving,

5. *Body dysmorphic disorder*

   A 22-year-old lady, thinks she has big forehead, ugly nose and chin, avoiding going out since age 16, declining performance at the university, would like to have referral to plastic surgeon

6. *Exterpyramidal side effects of metocloperamide*

   A gentleman in his 20s presented with stiff neck for 2 days, no neck pain, but has recently been in emergency with gastroenteritis, given an oral medication 3 times a day till now, since then for nausea, all gastro symptoms resolved,

7. *Age related macular degeneration (dry)*

   A lady in her 50s/60s presented with blurred vision for few months, mainly at the central visual field, has hypertension, and hypercholesterolemia, given photo's with drusen on ophthalmoscopy

8. *Muscle pains while taking statin + vitamin D deficiency*

   A lady in her 60s, background history of type 2 DM on metformin for 5 years, recently started taking atorvastatin 20mg daily for one month, presented for her results- normal HbA1C, elevated ALP and ALT, low in vitamin D level, came in with muscle pains in the legs and thigh, worse by body movement,

9. *Iron deficiency in first trimester pregnancy*

   A young pregnant lady presented for her blood test results for antenatal blood test, feeling tired for one-month, normal Hb, MCV- 65, Serum ferritin 7, also taking thyroxine- normal thyroid level, she is also taking antacid, queries about when to take antacid and thyroxine

10. *Script renewal*

    A 78-year-old gentleman, h/o DM, hypertension, stroke (no residual neurological deficit), on metformin, ARB, and aspirin, came in for repeat scripts, haven't had any health check since COVID 19 pandemic. Some BPH symptoms not bothering him, had 2 falls in 2 years' time- mechanical fall, MMSE 26/30, independent for SHAFT DEATH, it was vague presentation.

11. *Oligospermia*

    A gentleman around age 33, presented for results all the parameters are below, trying to have a baby for 1 year, h/0 surgery to scrotum 7 years ago, ? varicocele/ hydrocele, but has varicocele on physical exam

12. *Ventricular ectopic*

    Police officer in his ? 20s, presented with palpitations off and on for few months, drinking 5 cups of coffee and energy drinks. ECG- ventricular ectopics

13. *Osteoporosis*

A 56-year-old lady, presented for her results BMD- osteoporosis on lumbar spine and hip, H/o hyperthyroidism and reflux, taking carbimazole and PPI, no recent bloods taken,

14. *Essential tremor*

A gentleman in his 30s, came in with intentional tremor, family h/o tremor (+)

OSCE Exam of first day (5th November 2023)- Serilanka- Southasia

1-Sarcoidosis

2-TB with AFB Positive

3-mothwr of child with Nephrotic syndrome

4-Essential tremors

5-CKD

6-Palliative HCC

7-Urticaria

8-Back pain with sciatica

9-Ucontrolled DM +dyslipid + Htn

10-Chronic diarrhea vs Traveller diarrhea

11-Recurrent malaria

12-Faintaing attacks, Postural hypotension because of prazocin..

13-Domestic Violence child with headache

14-Syphilis with vdrl positive

OSCE Exam of Second day (6th November 2023)- Serilanka- Southasia

1. Asthma exacerbation by ibuprofen

2. Mother counselling station - 2mm size vsd in 8 month old

3. A lady came with p/r bleeding she thinks it's piles, and have sx suggest allergic rhinitis and have tinea pedis

4. Recurrent UTI, diabetes

5.scabies

6.bbn birads 5 mammogram

7. Pneumonia in diabetic patient

8.ectopic ruptured vs appendicitis (amenorrhea with acute abdomen)

9. Patient came with rbs 170mg. No symptoms

10. Heart failure in hypertension

11. Cervical spondylosis vs rotator cuff vs frozen shoulder

12. Headache/ milk discharge/ irregular periods - pituitary adenoma

13. Sensory neural hearing loss hearing aids used, patient request surgery

14. Tb recurrent after 1 yr as pt didn't complete last tb treatment

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OSCE Exam of Third Day (7th November 2023) Serilanka- Southasia

1-TB with Pregnancy

2-CA Colon (62 fobt positive and anemia and wt loss)

3-BPH

4-DVT

5-ACNE

6-HTN With DYSLIPDIMEIA

7-KNEE TRAUMA 1 month ago, football player

8-Nocturnal enuresis

9-COPD. OR CA LUNG (cough with haemoptysis for 1 month -ve AFB)

10-Addiction to lorazepam to sleep

11-Case 25,yrs old lady with haematuria +protein uria high blood pressure with vomiting puffy face

12-Diabetic foot (neuropathy + tenia pedis)

13-Cyclic Mastelagia

14- Allergic conjunctivitis (giant papillary conjunctivitis)

OSCE Exam of Fourth Day (9th November 2023)- Serilanka- Southasia

1. Cot death of baby. Worried about second

2. arthritis with TB medication

3. Shortness of breath on exertion smoker for 40 years

4. Abdominal pain with worms in stool

5. Proteinuria with hypertension not complaint to medication

6. Lady with labs albuminuria, ecg, high creatinine, lipid profile abnorma, high BP, diabetic non compliance

7. Motor neuron disease

8. Herpes on vagina

9. Headache with fever and nasal discharge

10. Post CABG depression

11. Hyperthyroidism with eye signs

12. Kidney stones

13. Bilateral nipple discharge

14. Heaches with depression husband suicide

OSCE Exam of Fifth Day (10th November 2023)- Serilanka- Southasia

1-Pityriasis rosea post URTI

2-STI after UPSI

3-TB contact

4-Angina pectoris

5-Frozen shoulder with uncontrolled DM

6-anorexia nervosa with amenorrhea

7-PMS with low mood

8-Ménière's disease vs vestibular neuritis

9-Child with short stature

10-BPH

11-Herpes zoster post herpetic neuralgia

12-Atypical pneumonia need admission

13-GERD

14-Cough after ACEI for HTN

OSCE Exam of sixth day (11th November 2023)- Serilanka-Southasia

1:Sti male with urethral discharge

2:Anal fissure

3:Uncontrolled BP with dlp not taking medicine

4:Newly dignosed Dm with 2 fbs raised readings

5:Depression after macular degeneration

6:Vitiligo on thyroxine

7:Osteoporosis

8:Back pain

9:HTN with nephropathy

10:Heart failure

11:Child abuse

12:Pregnant smoker with shortness of breaths

13:SAH

14:Pancreatitis with fever,taking more alcohol nowadays due to loss of job.

Cases of 26th February 2024 OSCE exam- Karachi- Southasia (Day 1)

1-Fatty liver lab report

2-Gonorrhea male

3-Gout recurrent stone and toe pain

4-COPD

5- REPORT RUBELLA 24 WEEKS PREGNANT-

6-GERD WITG HORSE VOICE

7-PAP SMEAR

8-Shoulder impingement

9- Bronchial asthma marriage after 4 month her husband afraid about asthma

10- peripheral neuropathy diabetic

11- palpitation with ecg 4 days ago (SVT)

12- CERPRAL PALCY BABY (PALIATOVE CARE)

13-Post MI advise(depression and medication and when return work)

14-TIA

Cases of 27th February 2024 OSCE exam-Karachi-Southasia (Day 2)

1-Cellulitis /Dm

2-PAD

3-Amoebic dysentria

4-Ex induced asthma

5-Male infertility

6-Cleft palate

7-Pneumonia

8-PID

9-Palpitatation with anxiety

10-Renal Mass

11-Low back pain

12-Depression with dementia

13-IBS/HTN

14-Cluster Headache

Cases of 28th February 2024 OSCE exam-Karachi-Southasia (Day 3)

1. Scleroderma with Raynaud

2. Antenatal care smoker/drink alcohol/concerns about down syndrome

3. AF

4. Parkinson's disease new

5. Body dysmorphic disorder/with and without depression

6. COPD exacerbation

7. TB new

8. Atrial septal defect with Echo report (child with murmur case approach)

9. Osteoporotic vertebral fracture asthmatic on oral steroids

10. Pre diabetes

11. HIV non reactive Elisa one month (unprotected sex)

12. FOB positive

13. Polycystic kidney diseases

14. De Quarvian thyroiditis.

Cases of 29th February 2024 OSCE exam-Karachi-Southasia (Day 4)

1- pregnant asthmatic worry from medicine
2-2 lab result high fasting
3-nephropathy following NSAiD
4- acute watery diarrhea
5-angina
6-tonsillitis
7-heigh triglyceride
8-obstructive sleep apnea
9-irregular cycle 17 y
10-worrying mother about 12y child had low performance at school and home
11-BPPV
12-BBN liver metastasis
13-VDRL positive (Syphilis)
14-gout big toe

Cases of 3rd March 2024 OSCE exam- Karachi - southasia (Day 5)

1.BPH
2. Infentile Colic
3.Stroke
4.Travel Advice Known Htn
5.Trigaminal Neuralgia
6.Occupational Asthma
7.Genital Warts
8.Known Dm Htn With Newly Hyperlipidemia And Ecg Come For Follow Up
9.New TB acid fast bacilli positive
10.Perimenopausal Syndrome
11. New Htn
12. Obesity With Bmi 33 Known Htn
13. Pyelonephritis With Vomting Twice For Addmission
14. C/O Irritability (for DD ?GAD)

Cases of 4th March 2024 OSCE exam- Karachi-Southasia (Day 6)

1- smoking in pregnancy

2- Gastritis vs pancreatitis

3-renal colic

4- Cervical spondylosis

5-erectile dysfunction with uncontrolled dm

6-STD trichomonas vaginalis

7- Psoriasis

8- Angina Pectoris

9-Palliative care

10- Trigeminal neuralgia

11- PAD

12- Tb contact

13- Tb pulmonary

14 Pediatric with headache his father abroad (tension headache)

Cases of 5th March 2024 OSCE exam- Karachi- Southasia (Day 7)

1-Tb lymph node
2-Heart failure
3-19 year old substance abuse
4-Stress incontinence
5-Typhoid
6-Pregnant with 150/90 on captopril
7-Abdominal pain with H/o constipation (IO post Appendicitis)
8-Dizziness (vestibular neuritis)
9-Costochondritis vs somatoform vs gastritis
10-post infectious cough

11-Fibromyalgia vs polymyalgia rheumatica
12-Hypoglycemia on glimepride
13-Vaccinations counseling mother of 2 month not agree
14-Gynaecomastia on amitriptyline

Cases of 6th March 2024 OSCE exam- Karachi- Soutasia (Day 8)

1-Drug abuse 15yr old
2-headache with red flags (signs of meningeal irritation)
3-NAFLD with hyperlipidemia and newly T2M (metabolic syndrome)
4-Dm nephropathy
5-Gouty arthritis
6-epididimo orchitis
7-AF
8-lobar pneumonia
9-chronic bronchitis vs bronchiectasis
10-contact dermatitis
11-microcytic hypochromic anemia (concer about thalassemia)
12-varicose vein
13-palliative care (Ca/ breast)
14-premenopausal syndrome with loss of libido

Cases of MRCGP INT OSCE exam 13th July 2024 (First Day)-Chennai

1-SNHL Child
2-Headache red flag
3-Ckd
4-IBS
5-Mechanical LBP
6-Anaemia macrocytic
7-PP depression
8-Allergic Rhinitis
9-Acute Prostatitis (STD)
10-Pneumonia
11-PVC with chest pain
12-uncontrolled HTN
13-TB pulmonary
14-Contraception new marriage

Cases of MRCGP INT OSCE Exam 14th July 2024 (Second day)- Chennai

1)Bronchial Asthma acute exacerbation
2)Heartfailure ,Post MI ,smoking,HTN
3)Infective endocarditis with PMH of rheumatic heart disease
4)post herpetic neuralgia
5)impetigo
6)Pyelonephritis ..
7)Anemia in 65 years old ,with constipation,loss of appetite
8)FBS 200,BMI 24, new diabetes
9)19 years requesting steroids to improve shape (Body dysmoephic vs unethical demand)
10)loss of memory for mother 70 years,concerned daughter
11)plantar fascitis
12)8 weeks No fetal heart,usg report (miscarriage)
13)prebycusis, bilateral Sensory neural feafness ,had tried hearing aid,not working ...want to do surgery,
14)plasmodium vivax Malaria

Cases of MRCGP INT OSCE Exam 15th July 2024 (Third day)-Chennai

1-Premature ejaculation, 24 year old newly married 1 month, smoker
2-primary amenorrhoea 18 yo, uss results showed no uterus
3-Angina pectoris
4-palliative careColonic cancer 10 years ago,Diagnosed with pulmonary mets, come with Lower Respiratory symptoms
5-Female urge incintinence with constipation
6-essential tremor, all findings normal
7-Uncontrolled HTN with frothy urine, UA protein +++
8-Symptomatic Newly diagnosed DM in 65 year old
9-Abnormal LFTs on fluconazole
10-Alopecia with tinea capitis getting married in 3 months
11-counselling case Proxy mother say that her 14 year old daughter is aggressive only with her for 6 months, mum worried it's depression (PHQ2 screen Q normal)
12-Right severe OA knee, advised for surgery
13-Thyphoid fever
14-post-viral cough

Cases of MRCGP INT OSCE Exam 16th July 2024 (fourth day)- Chennai

1-Osteoporosis with back pain
2-Haematuria with hypertention
3- Hypothyroidism with high tsh planning for pregnancy came to council prior to pregnancy
4-Acute cholecystitis

5-Pregnant with hepatitis B
6-Breaking Bad news cough wt loss With xray showing suspicious lesion
Lung cancer
7-New hypertention with high blood lipids
8-Aphtous ulcer
9-Supraventricular tachycardia
10-Meningitis in adult
Headache with fever and neck stiffness
11-cervical Spondylitis with objective signs pin and needles and weakness
12-Obsessive compulsive dysorder with depression and suicidal thoughts
13-type 1 diabetus miletus
14-Palliative care come to discuss her father problem he has oesophageal cancer come for vitamins

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Cases of 19th October 2024 MRCGP INT OSCE exam- Srilanka (First Day):

1-microscopic hematuria
2-domestic abuse
3-Rbbb
4-cyclic mastalgia
5-dvt
6-macular degeneration with low mood(depression)
7-asthma
8-graves disease (Hyperthyroidism)
9-acne
10-diarrhea for 2 months
11-back pain
12- mother talk about her child with epistaxis
13-syphilis
14-tb contact

Cases of MRCGP INT OSCE exam- Srilanka 20th October (2nd day):

1-Hyperlipidemia. Patient with report of Lipid panel. Took Atorvastatin 20 mg last year for 3 months. Had myopathy so stopped. Now report shows high cholesterol.
2- Obstructive sleep Apnea. Wife is also complaining about his snoring and getting disturbed.
3- TIA , with high BP. daughter getting married can't go to Hospital.
4-Report of Urinary protein 1+ . Hypertensive with headache.
5- BPH , Elderly male.
6-Recurrent falls due to recent addition of medication (HCT) Elderly female.
7-Obesity for consultation BMI 33. Fast food , no excercise.
8-Hoarseness of voice with Heartburn
9-Functional abdominal pain

10-PE , chest pain , dyspnea , leg swelling, recent long flight
11- Contraceptiion 6 wks PP, is forgetful, wants long term to avoid financial burden.
12-Tenia pedis with Uncontrolled DM.
13-Acute Gastritis , had taken NSAIDS two weeks ago for back pain
14-Mother of 10 year old with vaginal discharge.

Cases of MRCGP INT OSCE exam- Srilanka 21st October (3rd day):

1-Burning sensation of belly healthy young adult
2- Patient with blurred vision healthy age 65
3-report with HbA1C 7.2 lipid profile TG 555
4-Fever one week, cough, sob BP 90/70
5-Unilateral headacheand eye pain, discharge from eye and nostril healthy middle age
6-Report with dexa scan , backache
7-Arm pit lump with fever young adult
8-Pregnancy 20 week contact with child with rubella
9-COPD with poor respond to inhaler
10-mother with child report
Anti Glutin positive and Tissue transaglutaminase positive
11- Left loin pain, fever, dysuria (pyelonephritis)
12-SOB, DM,HT CXR CARDIOMEGALY HEART FALIURE NOT WILLING TO ADMITTE
13-DM, ONLY METHFOMIN NOT FOLLOW CLINIC WITH REPORT BP HIGH, CHOLESTEROL HIGH
14-Wrist pain De Quervain

MRCGP INT OSCE exam South asia-Srilanka 22nd October 2024 (Fourth Day):

1-post cabg depression, worry about death and daughters marriage
2-SOB and cough on exertion, b/l lung diffuse crepitations (ILD)
3-rash on chest and back, taking ocp since 3 month recent URTI history. maculopapular intensely itchy no pain or fever (Pityriasis rosea)
4-cervical spondylitis with radiculopathy
5-diabetic neuropathy in foot
6-anemia
7-tavel advice to Nigeria
8-erectile dysfunction
9-cough with lisinopril
10-uncontrolled dm on metformin and poor compliance
11-juvenile RA with elevated ESR and RA positive
12-pregnant lady with e coli in urine culture and previous h/o pyelonephritis in previous pregnancy
13-BPPV
14-Pulmonary TB AFB+ve

Cases of MRCGP INT exam-Southasia-Srilanka Saturday 25th October (5th day)

1-AF with hyperthyroidism
2-Lobar Pneumonia vs abscess
3-CKD with HTN
4-Non alcoholic fatty liver
5-infectious Mononeculoisis
6-Ascariasis
7-PCOS
8-Body dysmorphic disorder
9-VSD child+ mother want birth control
10-Postural hypotension with prazocin (measure BP yourself)
11-Palliative breast cancer
12-Exercise induced asthma
13-Tragimnal neurologia
14-Knee osteoarthritis

Cases of MRCGP INT OSCE exam- Southasia-Srilanka- Saturday 26th October (sixth day):

1- COPD
2-sudden infant death syndrome
3- DM with hypoglycemia (Gliclazide)
4-women with 3 problems (unhelpful husband, OA knee mother in law, child enuresis)
5- acute prostatitis vs BPH
6-urge incontinence with side effect dry mouth due to oxybutynin
7-vestibular neuritis vs BPPV
8-knee pain (gout)
9-headache with hypertension (stroke)
10-MI
11-mumps , his wife has pregnancy 6 month
12-hypertension uncontrolled
13-ca oesophagus BBN
14-DUB in 18year old with sx of hypothyroidism sexually active need Contraception

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Cases of MRCGP-INT OSCE exam - Southasia-Srilanka Sunday October 2024 (seventh Day

1-Somtaization disorder -headaches
2-osteoporosis with back pain
3-breath holding spells

4-Blepharitis
5-priphral artery diseae
6-panceritits
7-parkinson
8-breast abcess
9-asthma exacerbation on propranolol
10-tennis elbow
11-history of kidney stons worries about his kidney
12-hypertension hyperlipdemia
13-premenopausal
14-TB lympadenitits

Cases of MRCGP INT OSCE southasia exam-Srilanka Monday 28th October 2024 (8th day)

1-Pitutary adenoma, young
2-Ezema
3-Type 1 Dm in mother needs advice
4-Cough e sputum contain blood for 2 month,smoker history of TB 15 years complet ttt
5-Hyperlipdemia
6-post viral cough
7-Anemia e Htn +KD young pt
8-OA both knee + report of uric acid on allpurinol 300 mg she think pain increase after start allpurinol but another uric acid decreased
9-Obesty with HTN
10-Typhoid fever
11-TIA
12 -dysphagia many report all
normal e infertility
13- premature ovarian failure
14-AF

Cases of MRCGP INT - CCSA exam- Dubai- Saturday 26th October 2024

1- PTSD
2-pterygium
3-impingement syndrome
4-bronchial asthma
5-Gerd
6-endometriosis
7-STI
8-otosclerosis
9-Hidraadenitis supurativa

10-TIA
11-Lupus SLE
12-acute pericarditis
13-hyper parathyroidism
14-HSP (henoch shonlein purpura)

Cases of 14th April 2025 (First Day) of MRCGP INT OSCE exam -Southasia - Karachi

1.body dysmprphic disprder
2.pneumonia
3.osteoporosis
4 ASD
5 Subarachnoid hemorrhage
6 ARMD
7 new DM
8 new HTN
9 fobt positive
10 asthma counselling
11 shoulder impingement
13 PID
14 fever for DD, concern of chickenguniya contact with fever and rash

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Cases of 15th April 2025 (second day) of MRCGP INT OSCE EXAM
Southasia - Karachi

1. Telogen effluvium due to Sodium Valproate. Plan to get marry soon
2. ALL child . Single mother.BBN
3. BPH
4. Diabetic foot
5. Recurrent tonsillitis, want a permanent cure
6. Ocupational Asthma
7. UC flare poor adherence to medication
8. BP -160/100, other arm 158/.., reprated BO also same. 160/100 at home. FBS-90, LDL, T. Cholesterol, TG marginally high
9. Primary infertility husband don't like to check himself. Counseling
10. Insomnia for 1 year. On Lorazepam 2mg. 1 year ago, changed the job. No other stresses. Mood normal. No anxiety. Counseling
11. Fever 4 days. 104, HR- 100, dark color urine. Malaria 1 year ago. Treatment completed for it. No rashes. Constipation for 2 days, No N,V
12. Extra pulmonary TB with FNAC report . Neck lump
13. Right side Sciatica after lifting weight 2 weeks ago

14. Stable angina

Cases of 16th April 2025 (3rd day) of MRCGP INT OSCE exam
Southasia - Karachi

1. AF
2. De quarvain thyroiditis
3. Adjustment disorder/ depression
4. Smoking cessation
5. Copd
6. Eczema in 9 months old
7. Essential tremors
8. DM /HTN with poor compliance having pedal and facial edema
9. VDRL positive
10. irregular periods
11. OSA
12. Fresh blood in stool (anal fissure)
13. palliative care
14. ankle strain

17th April 2025 (4th day) of MRCGP INT OSCE exam
Southasia - Karachi

1-Body Dysmorphic disorder
2-Drug induced nephropathy (NSAID)
3-Premenstrual syndrome
4-Appendisitis
5-Erectile dysfunctio due to uncontrolled DM
6-Lateral Epicondylitis (tennis elbow)
7-Heart failure
8-Mother concerned about Child with delayed speaking
9-Atypical pneumonia
10-Scabies
11-Post infection cough with smoking
12-Varicose vein
13- upper Motor neuron disease palliative treatment
14-pulmonary TB

Cases of 20th April 2025 (5th day) of MRCGP INT OSCE exam
Southasia - Karachi

1-BPH
2-Haemeturia wid US report shows Mass in kidney
3-Mother concern wid her Son Br Asthma on SABA but Not Relief
4-Fungal vaginal discharge
5-Vitiligo
6-Enteric fever
7-Footballer With ligament injury
8-Post MI Counselling
9-Anerosa Nervosa
10-Ventricular tachycardia
11-Gastroenteritis
12-Lady wid Dizziness on diuretics
13-Uncontrolled blood sugars wid Multiple Anti diabetes drugs and HBA1C 10.5 But not willing to start Insulin
14-Post viral Cough

Cases of 21st April 2025 (6th day) of MRCGP INT OSCE Exam
South Asia – Karachi

1. Sinusitis
2. Dog Bite
3. COPD Exacerbation
4. PAD
5. Exercise-Induced Asthma
6. CKD (Chronic Kidney Disease)
7. STI in a Male
8. Temporomandibular Joint Dysfunction
9. Menopausal Syndrome
10. Entamoeba Histolytica
11. Post-Stroke Advice
12. DM
13. Heart Failure
14. GERD

Cases of 22nd April 2025 (7th day) of MRCGP INT OSCE exam
Southasia - Karachi

1.Post Mi 1 yr ago on fluxotine for depression came with ED
2.Mild Hyperlipidemia with hypothyroidism
3.Muscular Chest pain
4.CA lung in over 60 smoker came with cough
5.Excercise Induced Asthma
6.Prediabetes
7.Hypothyroism in house wife with fatigue
8.Tinea corporis in groin in obese patient
9.Herpes Genitalis in a female
10.Irregular cycles in 13 yrs old
11.Bell's Palsy
12. Celiac Disease
13.AkD in young hypertensive BP180/110
14.Raynuds Phenomena in hypertensive with Losartan

Cases of 23rd April 2025 (8th day) of MRCGP INT OSCE exam
Southasia - Karachi

1-Renal colic
2-Physiological vaginal discharge
3-Migraine headache in child
4-Stable angina pectoris
5-Tingling sensation in hands cerivacal spondylitis
6-Uncontrolled hypertension with urine repot shows proteinuria she was in three drugs and she was having Legs swelling
7-vestibular neuritis
8-Anaemia
9-Known htn bmi 32 on amlodpine and forgetting thing since last one month and his father has dementia
10-Cough while playing football,he is taking asprin for muscles pain and has childhood asthma which was recoverd at the age of 10 years
11-24 week pregnent with rubella Igm result positive
12-cellulitis in DM
13-TB
14-Report show low hgb and FOBT positive

Cases of MRCGP INT OSCE Exam- Chennai- 21th July 2025 (First Day)

1-Functional constipation 3 years old child
2-Piles
3-TB chest new case getting married
4-Meningitis adult doesn't want to go to the hospital-examination required
5-PVC -examination required
6-Travelers diarrhoea-examination required
7-Counselling for DM HTN hyperlipidemia asked about diabetes education program
8-40 yrs with HTN hyperlipidemia counselling
9-Ovarian Cyst married for 6 months
10-Erythema nobosum with joint pain- examination required
11-Hip osteoarthritis -examination required
12-Renal stones- examination required
13-Dry cough dyspnoea and wt loss- examination required
14-Gynecomastia swimmer on TCA for depression

Cases of MRCGP [INT] OSCE Exam - Chennai - 22nd July 2025 (Second Day)

1. Post Traumatic Stress Disorder
2. Hypothyroidism
3. Ectopic Pregnancy
4. Pneumonia
5. Colon Cancer Screening
6. COPD
7. Hyperlipidemia
8. Polymyalgia Rheumatica
9. Trigeminal Neuralgia
10. Febrile Convulsions
11. Atrial Fibrillation
12. Urge Incontinence
13. Glandular Fever
14. Overweight with Self-confidence Issues

Cases of MRCGP [INT] OSCE Exam – Chennai – 23rd July 2025 (Third day)

1. Female with 1-week fever, headache, (fever for DD)
2. Young patient with exercise-induced asthma
3. Diabetic patient with peripheral neuropathy
4. Male with leg pain on walking, relieved by rest, smoker with family history of heart disease (PAD)
5. Mother concerned about 8-year-old boy with nephrotic syndrome
6. Young male with abdominal pain & constipation (IBS)
7. Elderly male with BPH
8. Allergic conjunctivitis

9. Young boy requesting testosterone & vitamins for body building
10. Achilles tendinitis or ankle sprain
11. Pap smear showing mild dyskaryosis
12. Young female with body rash, possibly pityriasis rosea
13. Female with hyperlipidemia & HTN, non-compliant with meds
14. Male with acute chest pain, tachycardia (pulse 115), calf swelling – businessman in distress (pulmonary emobilsm)

Cases of MRCGP INT OSCE exam - Chennai - 24th July 2025 (4th day)
1 chest infection (lung pleural effusin xray)
2 bilateral knee osteoarthritis
3 parkinson
4 breath hold spell
5 oligospermia did semen analyzing 2 time
6 hep E with pregnancy
7 LUTI .has amenorrhea for 3 m with vaginal dryness
8 weight loss with offensive stool and difficult to flush stool
9 microcyt hypo anemia with family history of colon cancer
10 hypoglycemia
11 dyslipidemia with DM
12 Nephropathy with HTN
13 fibromyalgia
14 contact dermatitis

Cases of MRCGP INT OSCE exam - Chennai - 25th July 2025 (5th day)
1) Hematuria with non-tender prostate enlargement on examination (Prostate cancer)
2) Child excess eating due to depression
3) cervical spondylosis
4) Allergic rhinitis
5) hepatitis b report- BBN
6) HTN - not compliant to medicine
7) New DM with report - Canada visa rejection report
8) osteoporosis with asthma - on oral steroid
9) 17 yr old Amenorrhea
10) Ventricular Tachycardia with ecg
11) gastritis
12) oral ulcer
13) BA exacerbation
14) 2 weeks dry cough after a URTI, on metformin and losartan

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Cases of MRCGP INT OSCE exam - Colombo - 11th August 2025 (1st day)

1.Acute panceatitis
2.Lopar pneumonia
3.Unstable angina with Dyslipidaemia
4.Recurrent abortion
5.Obstructive sleep apnea
6.Body dysmorplic disorder
7.BPH
8.Hepatitis B result pre employment
9.Thyroid lump
10.HTN+hyper lipidemia
11.Recerrent fall
12.Essential tremor
13.Picky eating in child nutrition counselling
14.Herpes zoster ophthalmicus

Cases of MRCGP INT OSCE exam - Colombo - 12nd August 2025 (2nd day)
1_Trigeminal neuralgia
2 Post menopausal bleeding
3 Sudden infant death
4 Pylonephritis
5 Prostatitis
6 ARMD
7 analgesic nephropathy
8 Postural hypotension
9 Hypertension with dyslipidaemia
10 Lung cancer
11 Tinea capitus
12 Fever for differential
13 Erctyle dysfunction with uncontrol DM
14 SLE flare

Cases of MRCGP INT OSCE exam - Colombo - 13th August 2025 (3rd day)
1 bronchial Athama
2 Sub arachnoid hge
3 frozen shoulder with uncontrolled dm
4 Hep A with Entamoeba histolytica
5 HTN with hyperlipidemia
6 Pyelonephritis
7 constitutional delay
8 GERD with uncontrolled HTN

9 horsenees of voice for 3 weeks
10 Vitiligo
11 hyperlipidemia very high cholesterol
12- Pneumonia
13- Testicular swelling
14- premenstrual syndrome

Cases of MRCGP INT OSCE exam - Colombo - 14th (4th day)
1) Cluster headache
2) STD with UTI
3) TB contact for councelling
4) Melanoma BBN
5) palliative care HCC
6) cholestasis in pregnancy
7)Suspected lung CA in a chronic smoker/COPD with weight loss and blood streaks
8) Acute on top of chronic heart failure
9) Irregular menses-suspected PCOS
10) Allergic rhinitis
11) DM 1 councelling in a 8 yr old
12) Backacke with sciatica
13) Varicose veins
14) Recurrent Malaria

Cases of MRCGP INT OSCE exam - Colombo - 15th august 2025 (fifth day)

1.Acne with scar
2.Premature ejaculation
3.Acute gastritis on ibuprofen for back pain
4.osteoarthritis (knee pain bilateral) BMI 28
5.hyperthyroidism (grave disease goiter with eye signs)
6.Interstitial lung disease
7.blepheritis
8.renal stone
9.Chronic Fatigue Syndrome
10.RBBB ECG,
11.tuberculos lymphadenitis
12.Ventricular septal defects
13. cat bite, diabetic patient asking for rabies vaccine
14. Post partum depression with hypothyroidism

MRCGP Int. Kuwait --- CSA exam October 2025

❖ *English cases*

1. *Acute asthma attack*
2. *Chronic heart failure with Diabetes Mellittus. The goal is to prescribe SGLT2 inhibitors.*
3. *Practice management error, A pharmacist consults you for the actions of your colleague subscribing a drug not indicated to a patient*
4. *Carpal tunnel $ examination*
5. *Hypertension follow up*
6. *Practice management error: Chest pain wrongly diagnosed as GERD once & as Myoscitis once (missed). A sentinel event occurred the next day & the patient was moved to the hospital. Why did the doctor miss the diagnosis?Would you encourage the patient to sue/accuse the doctor? (this is one of her rights, helps prevent recurrence, and maybe the doctor must be punished) The patient asks how to do this & what will be done about her complaint against the doctor?Should the patient inform her doctor about the complaint?!*
7. *Vertigo – cerebellar examination*
8. *Erythema nodosum*
9. *Pregnancy Counseling (Supplements, sexual intercourse, fever during pregnancy, and investigations)*
10. *Sub-conjunctival hemorrhage. A manager has a meeting with the press, so he asks what to do about his sub-conjunctival hemorrhage.*
11. *A mother counseling about her child being smaller than his age*

Dubai exam October 2025

1- *PTE. A patient with cough, hemoptysis, mid chest pain, SOB, and mild fever 3 days ago. She had bariatric surgery 5 days ago. The ECG findings were S1Q3T3. Regarding chest examination, there was a card showing basal cracks. Oxygen saturation = 87%*
2- *Scabies. A patient complaining of itching that worsens at night. A card of the lesion were shown*
3- *ADHD. A child with poor performance at school, 8 years old. The child who was very active but cannot concentrate and was forgetful. The patient cannot wait on the line. The problem started when he was 4 years old.*
4- *Glue ear. A 2 years old kid with speech problem. Her mom said that she needs to touch her to look at her and smile. They did not check audiometry at birth. By examination there were fluid air levels in both ears. There was audiometry result given.*

5- *Anemia with RA. A 63 years old male known case of RA. The patient was taking Humaira injection for RA and was complaining of tiredness and fatigue. The patient's labs: ESR, CRP, ANA high, hemoglobin low, TSH normal. The patient was pale.*
6- *IDA with vitamin B 12 deficiency. The patient had restless leg syndrome.*
7- *IBD. The patient was complaining of bloody diarrhea from 3 years ago with cramping abdominal pain which become better with defecation. There was no Nausea or vomiting. There was no lesion in oral cavity*
8- *Essential tremors. The patient was complaining of tremors with movement which become better with alcohol. There was a positive family history in his father. The finger to nose test was positive. The patient didn't have abnormal head movement. Card was given for neurological examination: normal hand tremors on outstretched arms. • The patient's sister was having the same problem*
9- *Trichomonasis. The patient complained of burning during urination and yellowish discharge. The patient had 2 partners in last 6 month.*
10- *Osteoporosis. The patient was complaining of lower back pain. His T score was 2.8. There was tenderness on 2 vertebra*
11- *Diabetic foot with uncontrolled DM. There was a history that the patient went to the beach without shoes and a glass cut his foot. There was a picture of diabetic foot. There was defective hearing. There was some given information such as the patient was having history of being diabetic with HbA1c > 10 and was on gliclazide and metformin.*
12- *ARMD. A patient with gradual vision loss, more on the center. There was no pain, discharge, redness, no flashes or flutter. The patient was complaining that straight lines become wavy. There was a picture of fundoscopy showing erudite around macula. The patient asked what the ophthalmologist would do for her.*
13- *Tennis elbow. The patient was a mechanic complaining of pain on elbow. Elbow examination. Was required. The patient said that he also was having a little pain on his wrist.*
14- *Insomnia. A policeman at Abu Dhabi complains from difficulty in getting asleep.*

Cases of MRCGP INT OSCE exam - Colombo – 3rd November 2025 (1st day)

1. *Hyperthyroidism*
2. *Amenorrhea*
3. *Stable Angina*
4. *Stroke*
5. *GERD*
6. *Excersize induced asthma*
7. *Myopathy*
8. *Bilateral nasal polyps*
9. *Fever with dehydration*
10. *TB in pregnancy*
11. *Osteoporosis*
12. *Leg swelling in HTN with DM*
13. *Body dimorphism*
14. *Darkening skin*

Cases of MRCGP INT OSCE exam - Colombo – 4th November 2025 (2nd day)

1. *Stress Dementia*
2. *Osteoarthritis and gout*
3. *Vestibular Neuritis*
4. *Female infertility*
5. *CKD*
6. *Palliative care of breast cancer*
7. *Acute appendicitis*
8. *STI*
9. *Costochondritis*
10. *SID$*
11. *Psoriasis*
12. *Recurrent malaria*
13. *Hyperlipidemia (counceling)*
14. *COPD*

Cases of MRCGP INT OSCE exam - Colombo – 5th November 2025 (3rd day)

1. *Post stroke counselling*
2. *Atrial Fibrillation*
3. *TB counseling*
4. *Allergic rhinitis*
5. *Ovarian cyst*
6. *Renal cell carcinoma breaking bad news*
7. *Chronic Constipation*
8. *Patient with SNHL refusing hearing aid and requesting surgery*
9. *Tennis elbow*
10. *High FBS in an asymptomatic patient*
11. *Primary syphillis counseling*
12. *Pediatric counseling OS ASD*
13. *Lobar Pneumonia*
14. *Type 2 DM with peripheral neuropathy and tenia capitis*

Cases of MRCGP INT OSCE exam - Colombo – 6th November 2025 (4th day)

1- *Contraceptives counseling*
2- *BPH*
3- *Infective Endocarditis*

4- *Child asthma excerpation*
5- *breast cancer palliative treatment*
6- *PE with DVT*
7- *Chronic Sinusitis*
8- *Hyperlipidemia*
9- *AMD*
10- *TIA*
11- *Traveller Diarrhea*
12- *Hypoglycemia*
13- *IDA due to heavy uterine bleeding*
14- *Rubella in pregnancy*

Cases of MRCGP INT OSCE exam - Colombo – 7th November 2025 (5th day)

1. Htn with report total cholesterol 260, other report normal,bp was 164/90,exam not required
2. Came with AFB 3 neg sample, hx of TB 15 years back ,now c/O cough with hemoptysis (streak of blood) SOB on stairs climbing.no weight loss. Exam findings crepitus rt upper lung .(Asperlgillosis)
3. Dequervain tenosynovitis_ left wrist pain for 3 months, computer worker.
4. 20 weeks pregnant having cat at home ,worried about toxoplasmosis, no symptoms at present no cat scratch as well
5. Generalized abd pain ,bloating ,loose motion_ IBS with anxious behaviour
6. Fever with chills with dysuria with back pain _positive renal angle tenderness left side= pyelonephritis
7. Dexa scan spine and hip -3, osteoporosis pt with asthma medicine on and off prednisolone, 72 years old pt
8. Dxed asthma pt came for consultation as her wedding next month ,worried to tell to husband also for pregnancy
9. Eczema Picture of rash in neck ,suffering since childhood mother also have some rash issue, she was using hydrocortisone and vaseline for the lesion._eczema not scaly no joint pain watering sometimes from.lesion
10. Acute tonsillitis-given picture in tab
11. Type 1 dm to 8 years old girl _mother came for counselling on short acting and long acting
12. Atrial fibrillation _ecg with exam findings irregularly irregular pulse
13. Postural hypotension - on dm htn medication also alprazolam and some vitamins_ lisinopril 10mg,, htz
14. Pre Menopausal syndeome , period still regular no feature of depression, pt c/o irritability have 5 children ,things are good at home,

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Cases of MRCGP INT OSCE exam - Colombo – 10th November 2025 (6th day)

1- *Erythema nodosum*
2- *OCD with depression*

3- *Erectile dysfunction*
4- *Alopecia*
5- *HTN counseling*
6- *Neck lump*
7- *Pneumonia*
8- *ECG. Examiner change ECG on tablet !!!*
9- *Breath holding spells*
10- *Nephropathy*
11- *Achilles tendonitis*
12- *Cat bite*
13- *Positive FOBT*
14- *PCOS*

Cases of MRCGP INT OSCE exam - Colombo – 11th November 2025 (7th day)

1- *Premenopausal syndrome*
2- *OSA*
3- *Recurrent falls with bilateral osteoarthritis*
4- *Acute or De Quervain thyroiditis*
5- *Heart failure with high blood pressure*
6- *Hepatitis B*
7- *Malignant melanoma of right hand*
8- *IHD*
9- *Left sided facial palsy*
10- *Cleft palate*
11- *SOB with pregnancy*
12- *Low back pain*
13- *Renal stone*
14- *IBS*

Cases of MRCGP INT OSCE exam - Colombo – 12th November 2025 (8th day)

1- *BPPV*
2- *Breast cancer palliative care*
3- *Miscarriage*
4- *Occupational asthma*
5- *Cellulitis with diabetes*
6- *Diarrhea with dehydration*
7- *Counceling about TB prevention*
8- *Chronic Fatigue $*

9- *Recurrent Genital Herpes*
10- *CKD*
11- *HTN with Hyperlipidemia*
12- *Retarded speaking child*
13- *Low Back Pain*
14- *Angina*

Cases of MRCGP INT OSCE exam - Colombo – 13th November 2025 (9th day)

1- *Hypertensive nephropathy*
2- *Vestibular Neuritis*
3- *Post-Myocardial Infarction*
4- *Acute cholecystitis Biliary Colic*
5- *Pneumonia with Pleural Effusion*
6- *Child with Headache (Likely Tension Headache)*
7- *Patient Scenario – Prediabetes (Laboratory-Based)*
8- *Cosmetic Request (Botox) & Ozempic Request Counselling*
9- *Benign Prostatic Hyperplasia (BPH)*
10- *Knee Osteoarthritis*
11- *Post-Viral Cough in a Patient With DM & HTN*
12- *Asthma in Pregnancy*
13- *Vaginal Candidiasis*
14- *Gynecomastia in a Patient on Amitriptyline*

Cases of MRCGP INT OSCE exam - Colombo – 14th November 2025 (10th day)

1- *Hematuri)*
2- *Infant colic*
3- *Milk discharge*
4- *Acne*
5- *Parkinson disease*
6- *Newly diagnosed DM*
7- *Halitosis*
8- *Erectile dysfunction*
9- *Dyslipidemia*
10- *Asthma excerpation*
11- *APO*
12- *Carbal tunnel syndrome*
13- *TB*
14- *Mumps concerned about infertility*

Cases of MRCGP INT OSCE exam - Karachi - 30th January 2026 (1st day)

1-PAD with leg cramps on walking
2-HTN with nephropathy with Ibuprofen for knee pain
3-Uncontrolled Asthma
4- Urticaria
5-HTN with early pregnancy, On ACE inhibitor before pregnancy,
6-Gout with high uric acid, councilling
7-TB with symptoms and +ve AFB, councilling
8-child 4yr with history suggesting abuse
9-Anemia, hb=11 for differential
10-Headache alcohol induced
11-PID
12-Hypothyroidism
13-HTN with h/o MI 1 year ago, with Impotance.
14-Typhoid, fever 40, with Abd pain O/E said pulse is 66
No travel history

Cases of MRCGP INT OSCE exam -Karachi - 31 January 2026 (2nd day)

1.UTI in Pregnancy
2.CKD in diabetic patient Counselling
3.high grade fever, cough with Bp 90/60 (pneumonia)
4.HTN with Dyslipidemia
5.18 years female with hirsutism (?PCO)
6.fibromyalgia.
7.GERD with horsness of voice.
8.elevated AST, ALT on fluconazole
9.Primary enuseis
10.High bp pt with Bp 170/100 don't want to take medication Counselling.
11.Trichomonas vaginalis
12.Osteoarthritis
13.Trigeminal neuralgia
14.Tb neck lymph node.

Cases of MRCGP INT OSCE exam - Karachi - 1st Februay 2026 (3rd day)

1.cough for DD (?TB vs sarcoidosis)
2.Unstable angina

3.Aphthous ulcer
4.Acute gastritis
5.BPH
6.PP contraception
7.Celiac disease
8.Bells palsy
9.COPD exacerbation
10.Dm not controlled on 3 drugs
11.Allergic Rhinitis
12.Tinea cruris with BMI 35
13.Cough on ACEI, BP 160 90
14.report show E.Histolytica cyst work as chef

Cases of MRCGP INT OSCE exam - Karachi - 2nd Februay 2026 (4th day)

1. Atrial fibrillation
2. Smoking cesation in pregnancy
3. Psychosis
4. Diabetic neuropathy
5. Insomnia
6. renal colic
7. male infertility semen analysis
8. diverticulitis
9. hiradenatus supparativa
10. typhoid/dengue
11. breaking bad news no uterus congenitally
12. ASD mother counselling
13. reactive arthritis
14. post infectious cough reactive airway disease

Cases of MRCGP INT OSCE exam - Karachi - 3rd Februay 2026 (5th day)

1- Premature ejaculation
2- Dizziness on hydrochlorthiazide
3- Breath holding spells
4- Metabolic syndrome
5- Uncontrolled BP counseling
6- Raynaud
7- Essential tremor
8- Post CABG GAD
9- Hematuria and backache
10- Postviral cough

11- Diarrhea with Traveller history
12- Pap smear report dyskaryosis
13- Hyperthyroidism with goiter
14- Allergic conjunctivitis

Cases of MRCGP INT OSCE exam - Karachi - 11th Februay 2026 (6th day)

1. *Otitis externa*
2. *Anorexia nervosa*
3. *Infection mononucleosis*
4. *pneumonia for admission*
5. *Subarachnoid hemorrhage*
6. *Polymyalgia rheumatica*
7. *Renal colic + gout*
8. *Osteoporosis*
9. *Diabetic nephropathy + hypertension*
10. *RBBB (Right bundle branch block)*
11. *Simple Ovarian cyst with oligomenorrhea*
12. *Tuberculosis*
13. *Anal fissure*
14. *Hyperlipidemia / Smoking*

Cases of MRCGP INT OSCE exam - Karachi - 12th Februay 2026 (7th day)

1/ Syphilis
2/ Bronchiectasis
3/ Pregnancy with asthma
4/ ALL
5/ Contact dermatitis
6/ ADPKD
7/ Diabetic neuropathy
8/ Hyperlipedmia
9/ Statin induced myopathy
10 /Gastritis
11/ Fall due to prazosin
12/ BPH
13/ Headache with red flags
14/ ARMD

Cases of MRCGP INT OSCE exam - Karachi - 13th Februay 2026 (8th day)

1. HF
2. atypical pneumonia
3. Malaria Hypnotic stage
4. breast abscess
5. recurrent urticaria
6. TB contact
7. Drug induduced nephropathy with Osteoarthritis
8. VSD with 2mm+contraceptive advices
9. Epilepsy with Na valproate with Contraception
10 .Depression after job loss
11. GERD with night time cough with obesity
12. Pustular tonsillitis with Allergy to Penicillin
13. Recurrent fall with HCT
14. Erectile dysfunction with DM.

Cases of MRCGP INT OSCE exam - Karachi - 14 February 2026 (9th day)

1. SVT
2. ILD
3. Planter Faciaitis
4. Child Abuse
5. Hyperlipidemia
6. Pylonephritits
7. HCC Paliative Care
8. Blephirits
9. TB
10. Meningitis
11. Tinea Capitis
12. Celiac disease
13. Asthma Consultation
14. Pre Menopausal Syndrome

MRCGP INT OSCE exam - Karachi - 15th Februay 2026 (10th day)

1. PAD
2. Cervical spondylosis
3. Mother for 8 yr old son having excercise induced asthma
4. body dysmorphic disorder
5. pt having xray wt loss and hemoptysis industrial worker
6. 33 bmi want to loss wt
7. gynacomastia.

8. fever joint pain 4 days
9. epigastric pain alcholic pt
10. cluster headache women alcholic
11. high cholesterol not taking medication for HTN
12. hirsuitism
13. ADPKD
14. Domestic violence

MRCGP INT OSCE exam - Sri Lanka - 24 April 2026 (1st day)

1. Pregnant lady with sputum positive for TB
2. 20-year-old girl with acne + pus
3. Proxy mother – baby has a cleft palate
4. Painless hematuria + chemical exposure + HTN with smoking history
5. Fungal infection of the foot + DM (smelly feet when removing socks) diabetic foot exam required
6. Lipid profile report near normal
7. Frozen shoulder
8. Anaemia in the elderly
9. Urge incontinence + defaulted treatment for HTN
10. Exercise-induced asthma
11. Functional abdominal pain (somatization disorder)
12. Chest pain ? Mechanical
13. Acute diarrhea
14. Pre-DM asking for drugs

MRCGP INT OSCE exam - Colombo - 25 April 2026 (2nd day)

1. Ankylosing spondylitis
2.Mollascum contagious
3.Tb + pneumonia contact of tb
4.Angina
5.Post herpetic nurologica
6.Thyroditis
7.Dyslipidemia
8.Pcos
9.Pyelonephritis
10.Travel diarrhea
11.Presbycusis
12.Dysphagia
13.Cot death (counselling)
14.Erectile dysfunction

MRCGP INT OSCE exam - Colombo - 26 April 2026 (3rd day)

1.ADHD
2.osteoporosis
3.DVT, following cessation section. PP 2 weeks
4.vestibular neuronitis/ Meniers disease
5.post viral cough
6.recurrent abortion.. coming with 3rd M/C uss
7.COPD
8.Recurrent falls.. on diazepam 2 months
9.DM with BMI30
10.HT with kidney damage
11.BPH
12.Right upper abdominal pain tenderness with high ALP weight loss
13.Father comes to discuss...mother do TB 3 days to discuss 7y and 3M old babies
14.post MI advice

MRCGP INT OSCE exam - Colombo - 27 April 2026 (4th day)
1- Angina Pectoris
2 - Constitutional Delay
3- Smoking Cessation in Pregnancy
4- Ureteric Colic
5 - Pityriasis Rosea
6 - Typhoid
7 - Preconception Counselling mother with Hypothyroidism
8 - Breast CA councelling
9 - HTN WITH NEPHROPATHY
10 - TIA
11- OSAHS
12 - Gastritis/ GERD
13 - Chronic Prostatitis
14 - Fibromyalgia

MRCGP INT OSCE exam - Colombo - 28 April 2026 (5th day)

1.5-day history of fever with constipation
2.Chronic prostatitis
3.Chronic hypertension and dyslipidemia, defaulted follow-up, BP 178/954.
10-year-old with bronchial asthma (mother present), using salbutamol inhaler BD only

5.Menopause
6.Gastritis on omeprazole and domperidone for 3 weeks
7.Premature ventricular contractions with typical chest pain, 70-year-old
8.Diabetes mellitus with hypoglycemia, recently started on glimepiride
9.Thalassemia trait counseling
10.Multiple sclerosis (breaking bad news)
11.Ankle sprain with lateral side tenderness
12.Lobar pneumonia with CRP 100 and high WBC
13.Streptococcal pharyngitis with erythema nodosum
14.Chronic sinusitis

MRCGP INT OSCE exam - Colombo - 1st May 2026 (6th day)

1)Exacerbation of Heart failure
2)CTS
3)Psoriasis on Losartan
4)gynecomastia on amitriptalin and FHx of breast CA
5)recurrent miscarriage
6)BPPV
7)?NSTEMI (DM,HTN)
8) AFB + pt couselling afraid of getting rejected from job
9) Failure to thrive
10) Asthma exercebation due to not taking beclate regularly
11) Gastritis
12) CFS with ?depression
13) ureteric colic now not in pain hx of hematuria before few days
14)Cat bite

MRCGP INT OSCE exam - Colombo - 2nd May 2026 (7th day)
1. Request injection glutathione for skin lightening
2. DUB/ovarian cancer
3. appendicitis
4. lipid profile
5. recurrent malaria
6. breath holding spell
7. RCC
8. AF
9. gout
10. occupational asthma
11. HIV
12. PARKINSON'S DISEASE
13. DM WITH CELLULITIS
14. ALLERGIC CONJUNCTIVITIS

MRCGP INT OSCE exam - Colombo - 3rd May 2026 (8th day)

1. 30yr old lady with weight reduction and epigastric pain. Difficult to flush stools . Caeliac disease
2. Child with recurrent impetigo.
3. Post partum lady with dvt
4. High bp 190/100 and rt aem weakness . Stroke
5. Newly diagnosed BA patient for councelling
Aa she is going to marry , how to explain to future husband ,also regarding prenancy and acute attacks
6. Hypertensive retinopathy
7. Hypertensive nephropathy
8. Hypertention annual assessment . With basic labs, ecg with ? Hypertropy
9. Solitory thyroid nodule
10. HTN patient with urge incontinence on losartun and recently started hct
11. Oesophageal ca with palliative care , daughter concern about poor oral untake
12. Hx of testicular swelling 6 weeks with pain, unprotected SIC 6 weeks back
13. Chronic cough with whitish sputum and Smoking hx.
Cxr reporting , spirometry graph with readings all suggestive of copd
14. Mother of 2 yr old. It technician as I can remember , do more typing. . Pain in her lt write , which is her dominant hand

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MRCGP INT OSCE exam - Colombo - 4th May 2026 (9th day)

1. low grade Fever with constipation LLQ pain (? Diverticulitis)
2. 8 years child with epistaxis
3. CKD with HTN , DM
4. Exercise Induced Asthma
5. Female BMI 25 want Ozempic and Botox due to skin wrinkling,
6. AF with thyroid nodule
7. Heart failure with uncontrolled DM, HTN
8. Low back pain with sciatica
9. Cyclic mastalgia
10. Post natal depression
11. Pulmonary TB
12. Glandular fever with splenomegaly
13. Premature Ejaculation + depression
14. uncontrolled DM with high Triglycerides

MRCGP INT OSCE exam - Colombo - 5th May 2026 (10th Day)

1. Vitiligo counseling case.

2. Peripheral neuropathy with long-term Voltaren use for knee osteoarthritis.
3. Oral/genital candidiasis case.
4. Osteoporosis in asthmatic patient with frequent oral prednisolone use and hypertension.
5. COPD patient for 12 years complaining inhalers are no longer effective for the last 6 months.
6. Irritable bowel syndrome.
7. Newly diagnosed diabetes mellitus.
8. Newly diagnosed/uncontrolled hypertension with poor compliance; patient stopped medications after BP improved, also has dyslipidemia.
9. Breaking bad news station (BIRADS 5 breast lesion).
10. Mother consulting about 13-year-old child with headache.
11. Infective endocarditis after recent root canal treatment in patient with previous rheumatic fever prophylaxis; murmur on examination.
12. Pulmonary embolism with DVT after long-haul flight travel to USA.
13. Fever, headache, and chills for 3 weeks with anemia and low WBCs on CBC.
14. Cervical radiculopathy/neck pain radiating to left shoulder with finger numbness for 6 months; related to prolonged neck flexion at work, examination mostly normal.

GOOD LUCK

Collected from different sources, prepared, and arranged by Dr. Mahmoud Al Ammary
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